



BUDDHISM



2014

MRS PICKARD

2015

Mrs Pickard

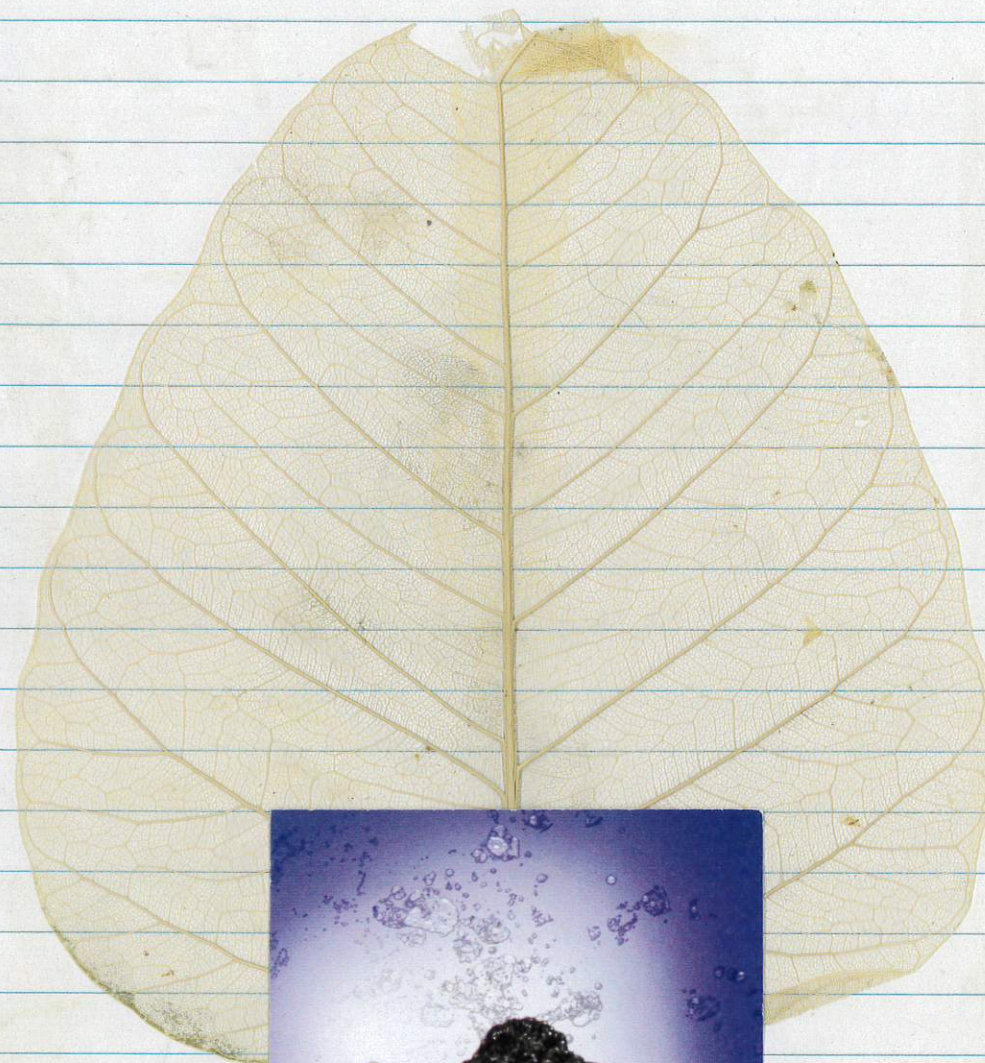
1. I will show respect.
2. I will do my best.



Mrs Pickard



I will be the best I can.





Siddhattha Gotama became a
Buddha

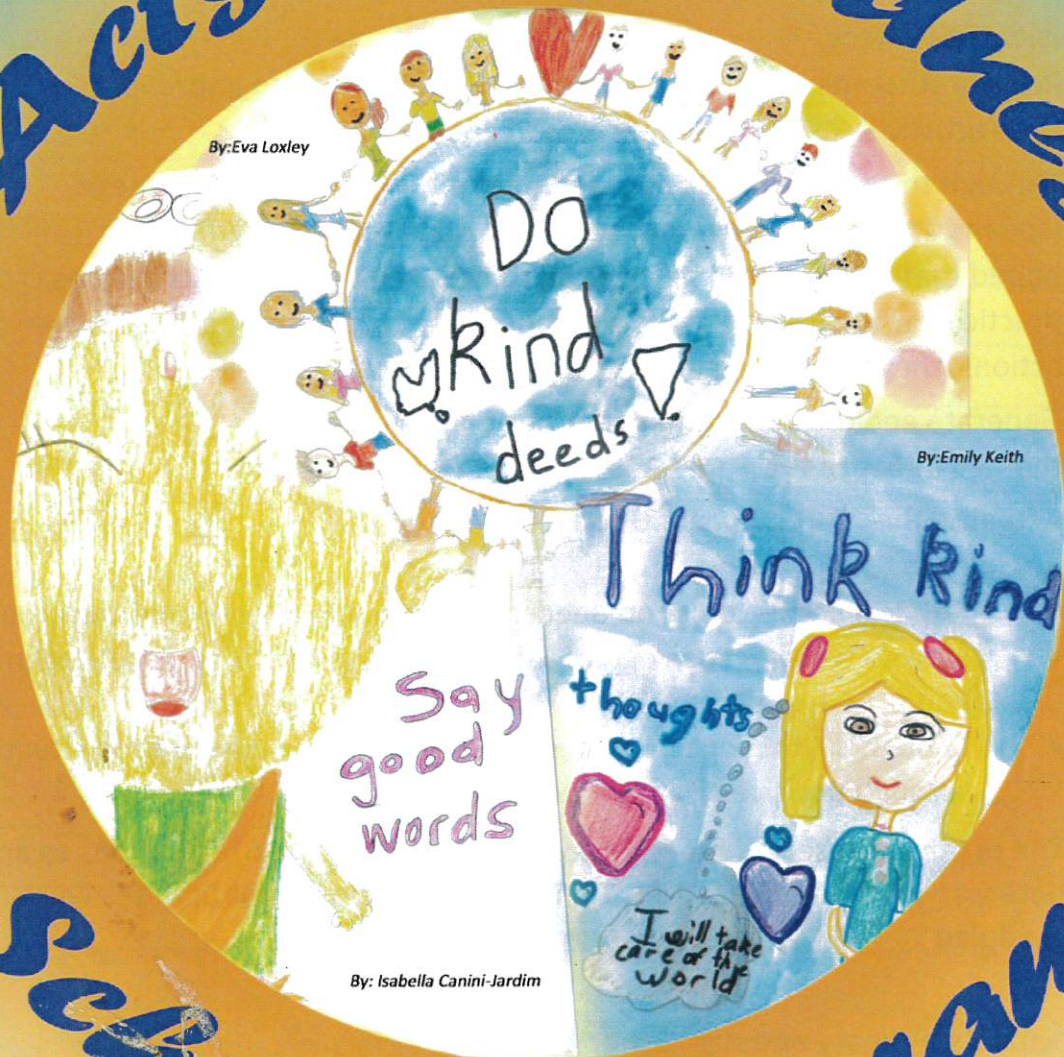


Siddhattha Gotama

became a great spiritual
teacher. He was known as

The Buddha
meaning
the fully enlightened one

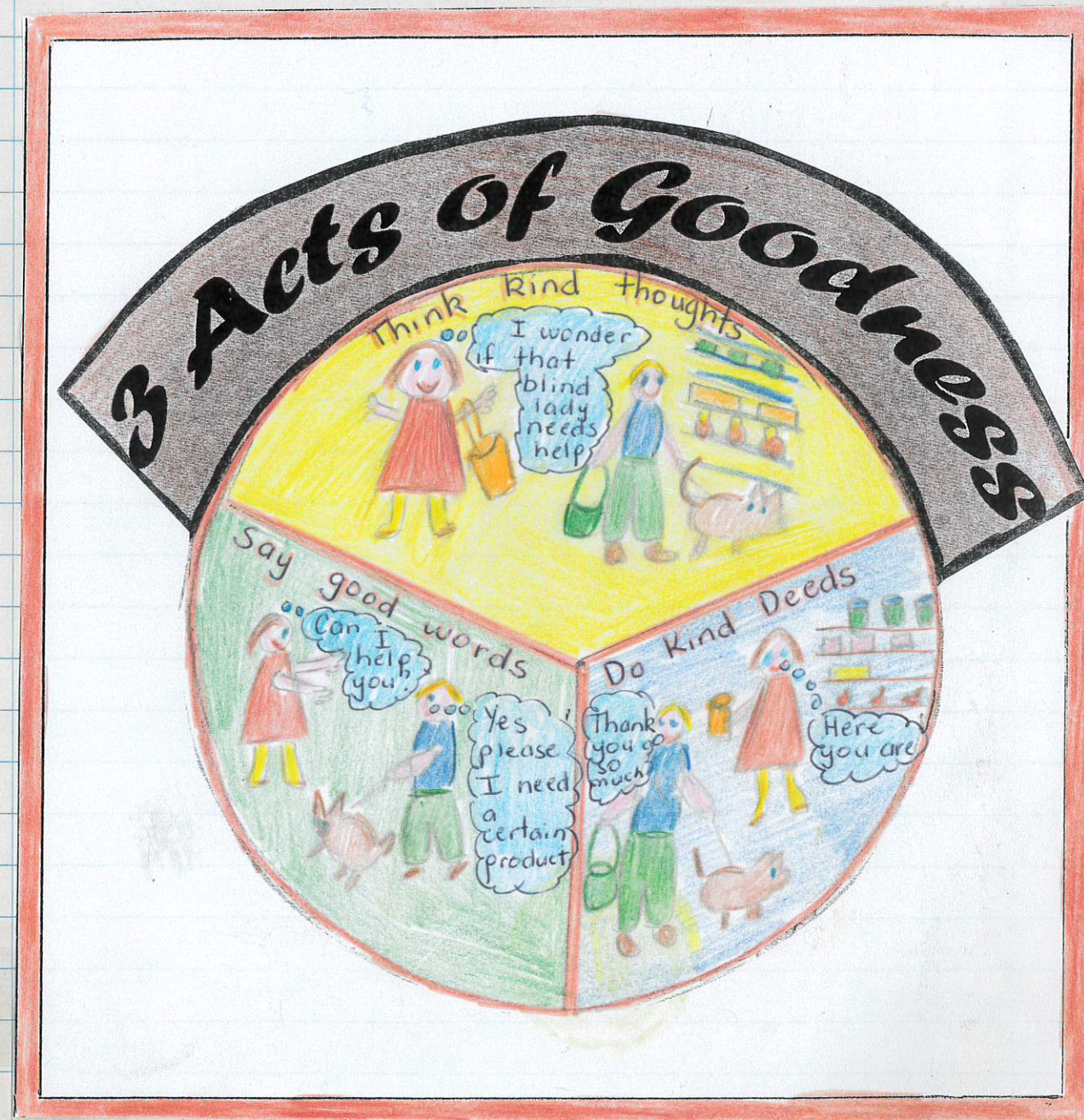
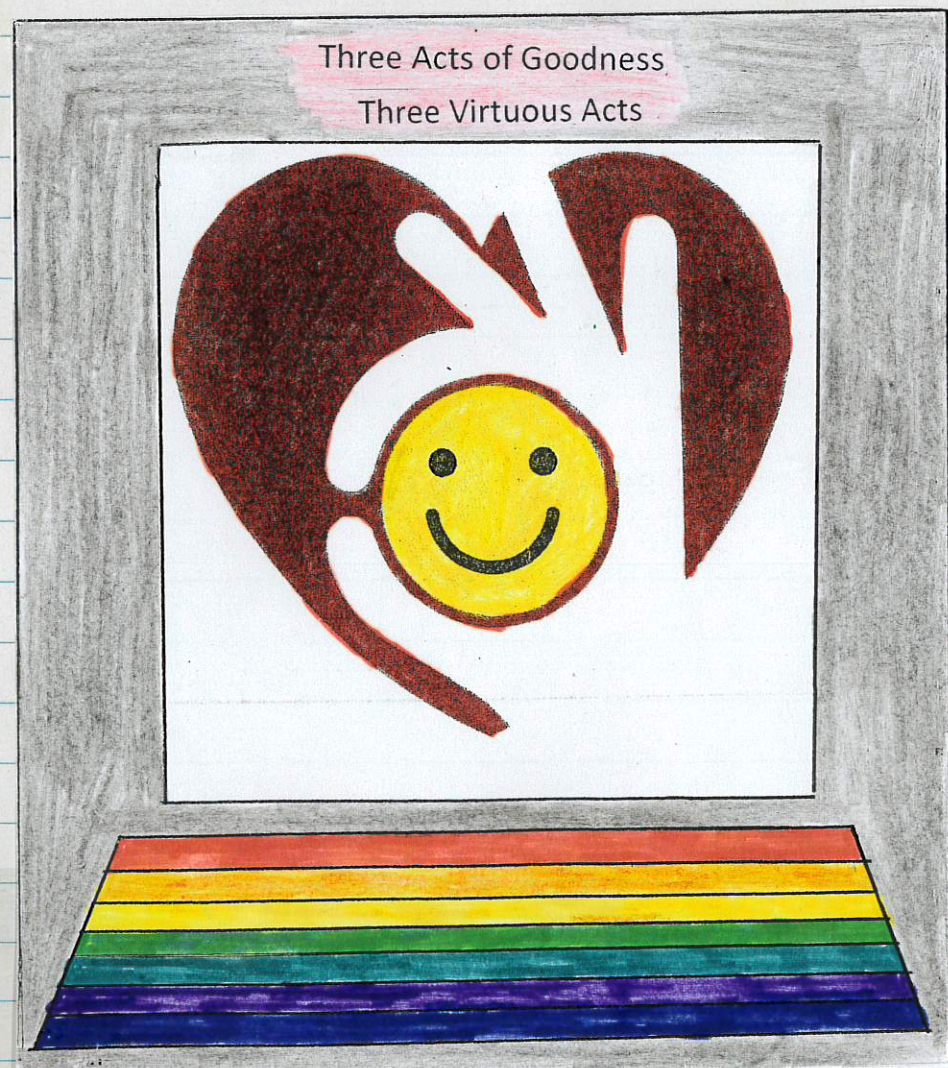
3 Acts of Goodness

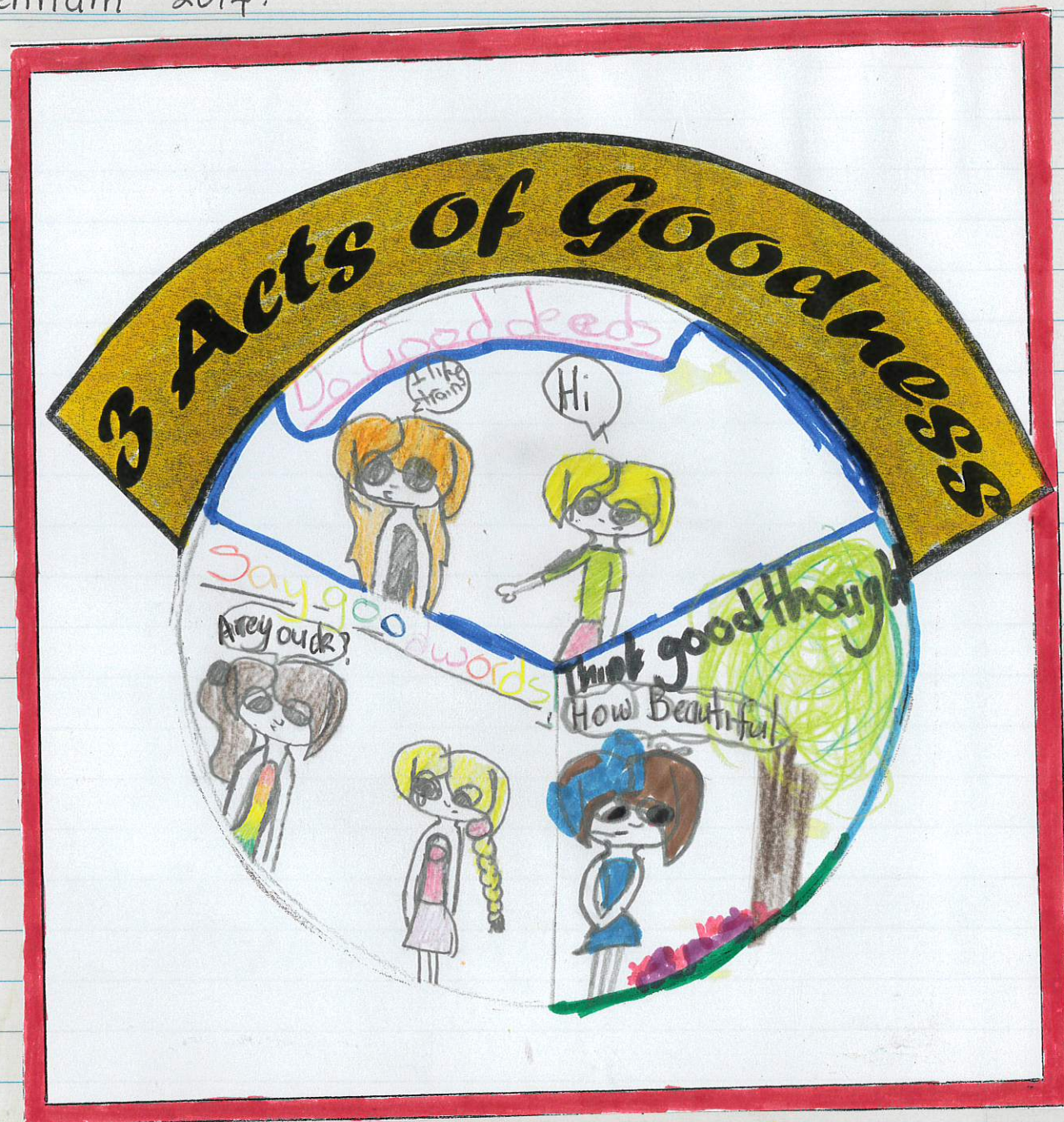


School Program

3 Acts of Goodness







Three Good Practices



Do Good Deeds



Speak Good Words



Think Good Thoughts



My name is Mrs Pickard
I have **the Buddha Nature**
inside me.

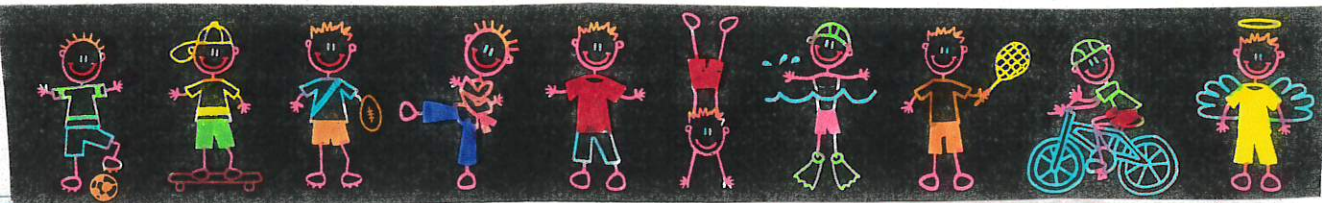
My **Buddha Nature** grows
when I practice the

3 Acts of Goodness

They are:

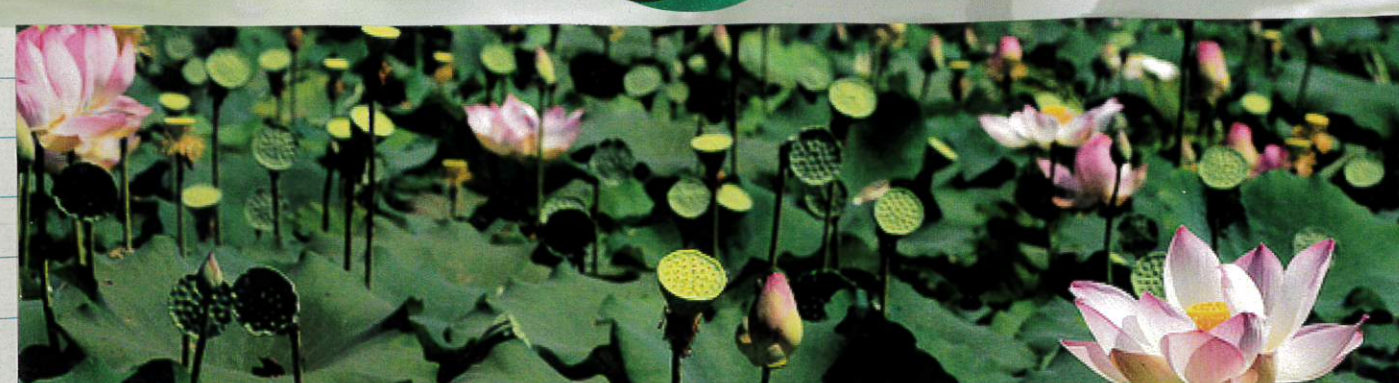
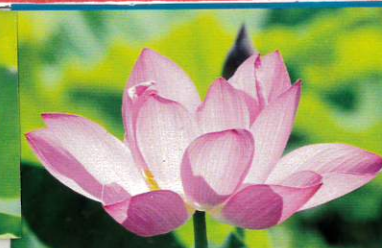
1. **Do** good **Deeds**
2. **Say** good **Words**
3. **Think** good **Thoughts**





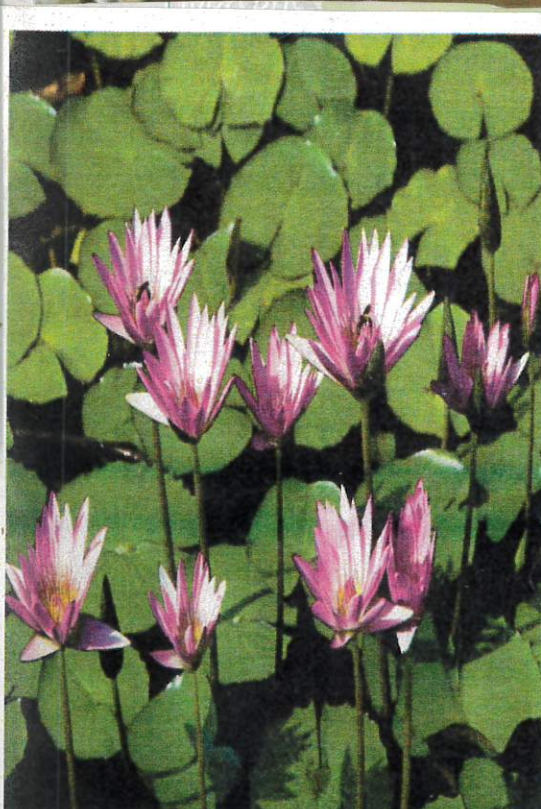
The Lotus Flower:

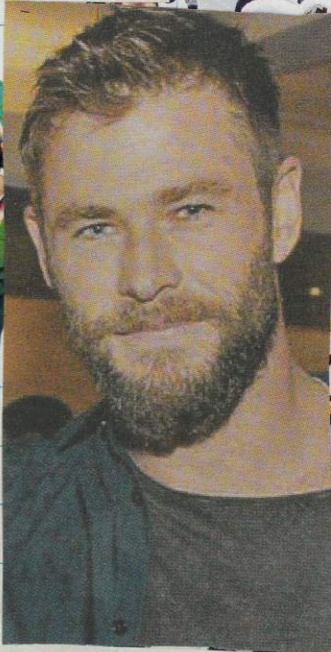
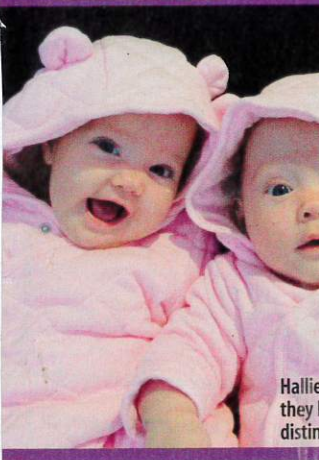
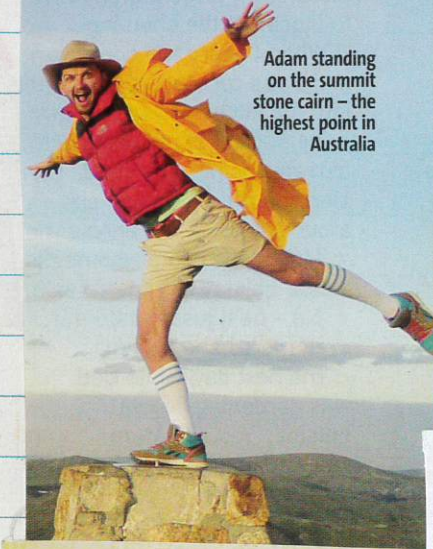
The lotus flower is a central symbol in Buddhism. The lotus grows in the mud but blooms untainted above the surface. It symbolises the overcoming of ignorance and attainment of enlightenment.



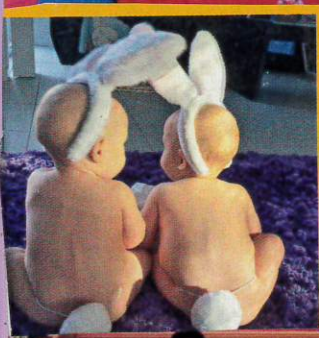
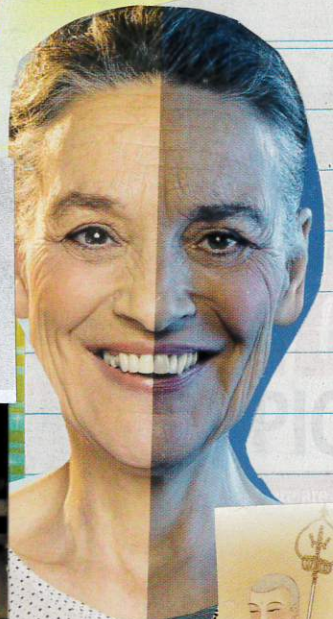
I love children,
for they are pure as the lotus flower...
Composed of mind,
they inspire us to start anew.

— Pa-chih Tou-tuo



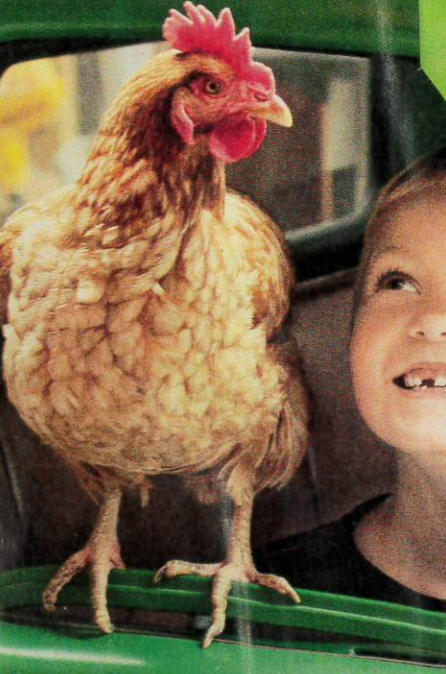
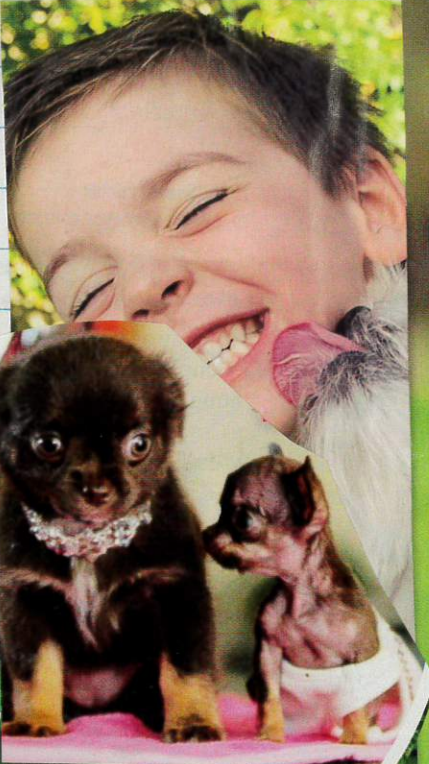


WE ALL HAVE
THE BUDDHA
NATURE IN US.





**WE NEED TO SHOW
LOVING KINDNESS
TO ALL LIVING BEINGS.**



"Xavier will teach Aiysha a special kind of love and tolerance," says mum Lisa.

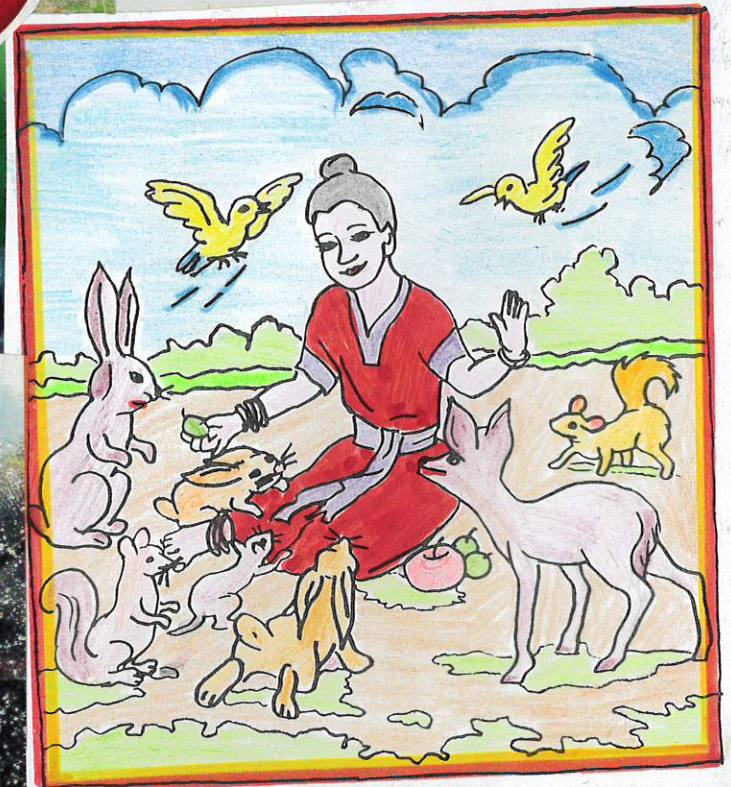
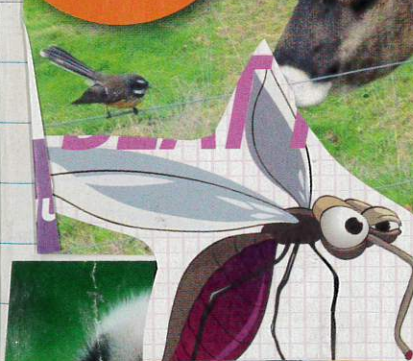


**Harmony
Day 2014**

Sunday 9 February



taken with this tiny flittering fantail.
Carolyn Gedge,
via email



Siddhattha showing loving-kindness

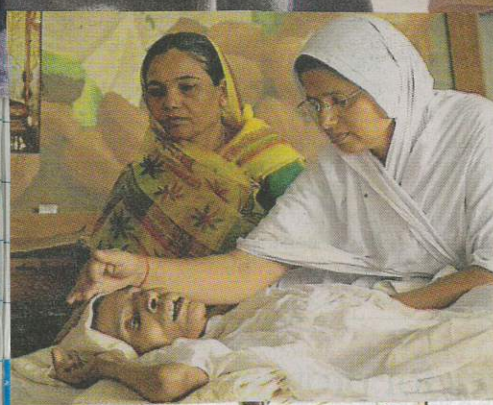
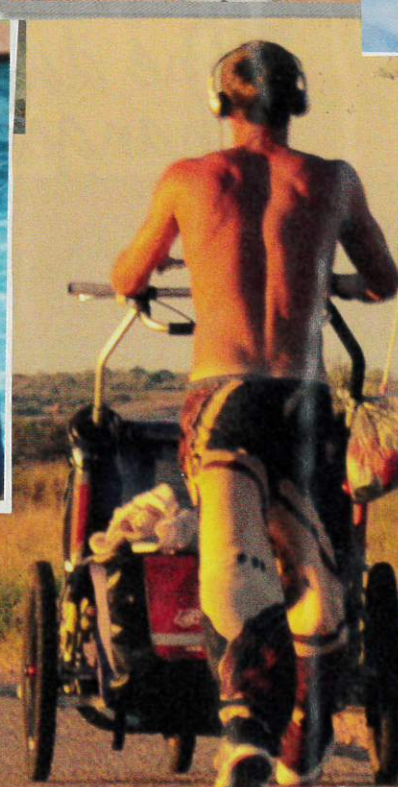
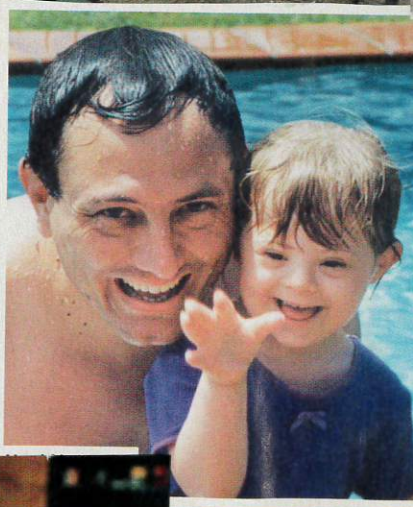
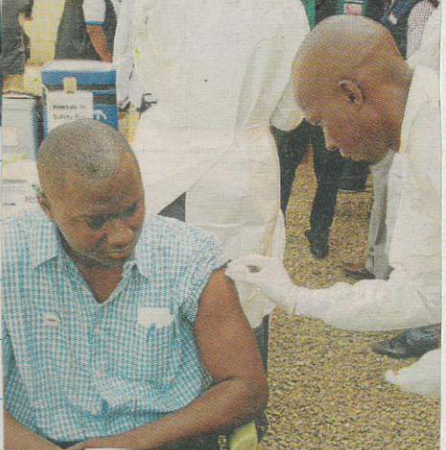
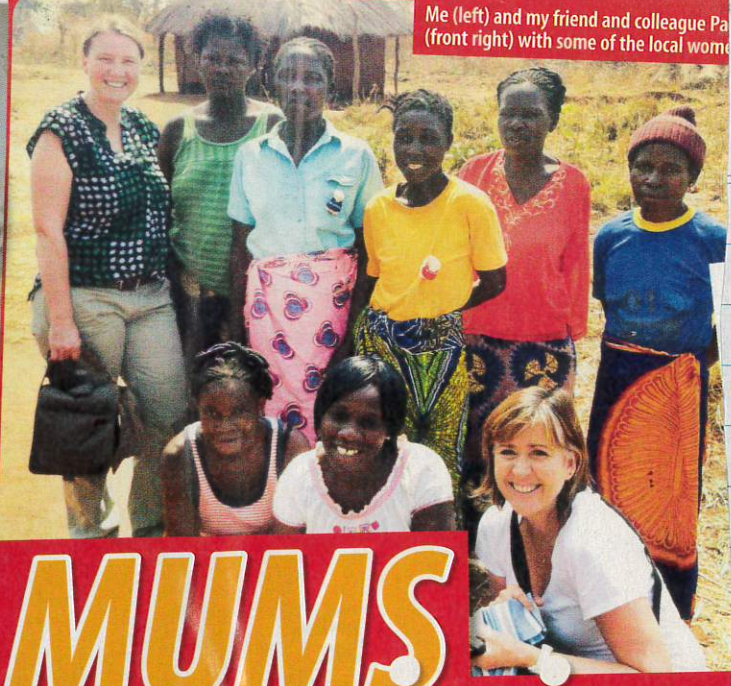
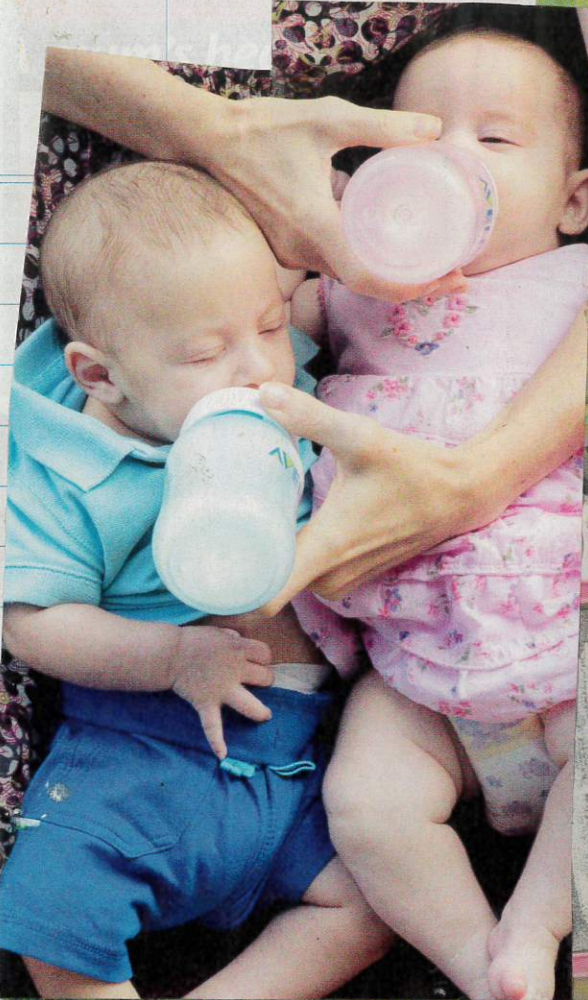


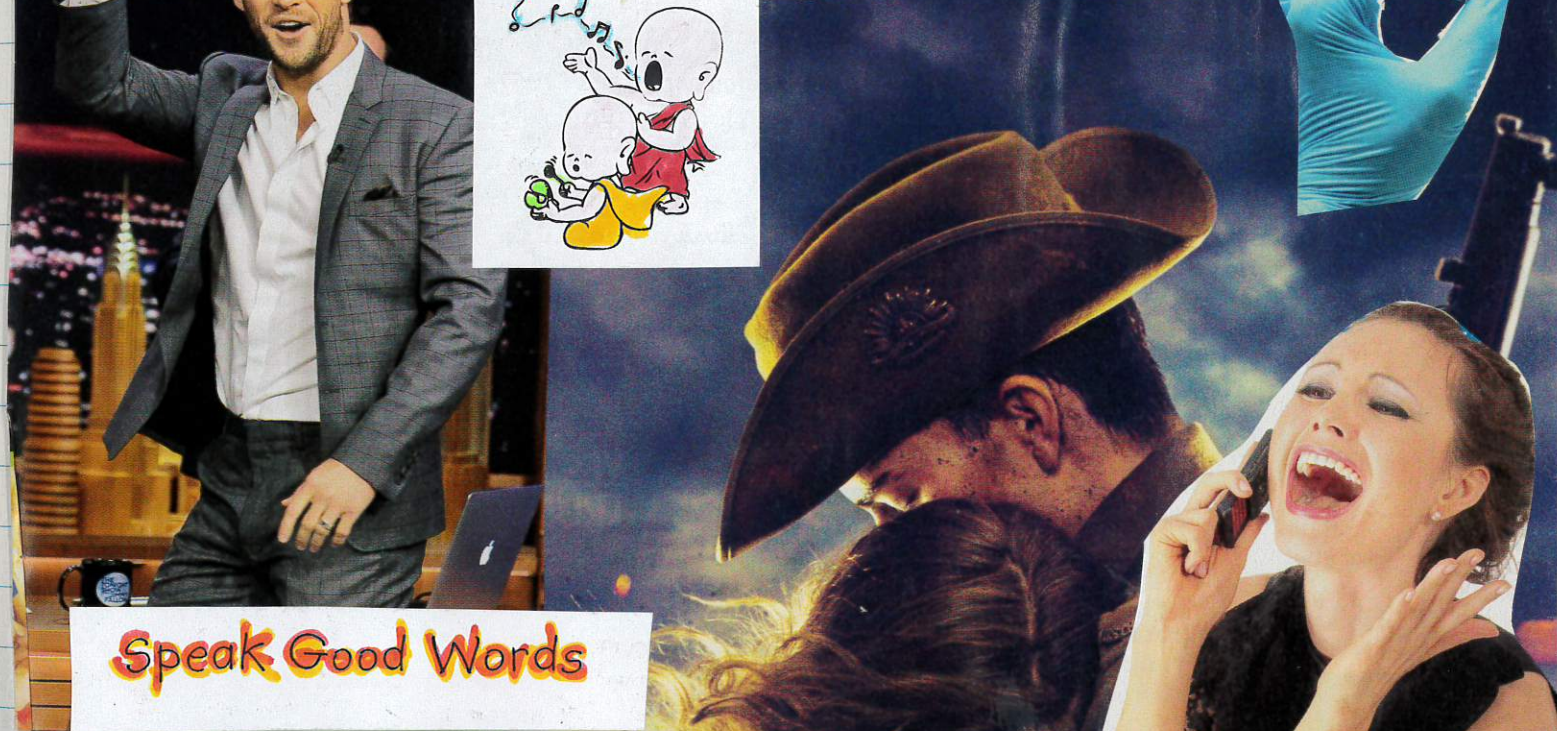
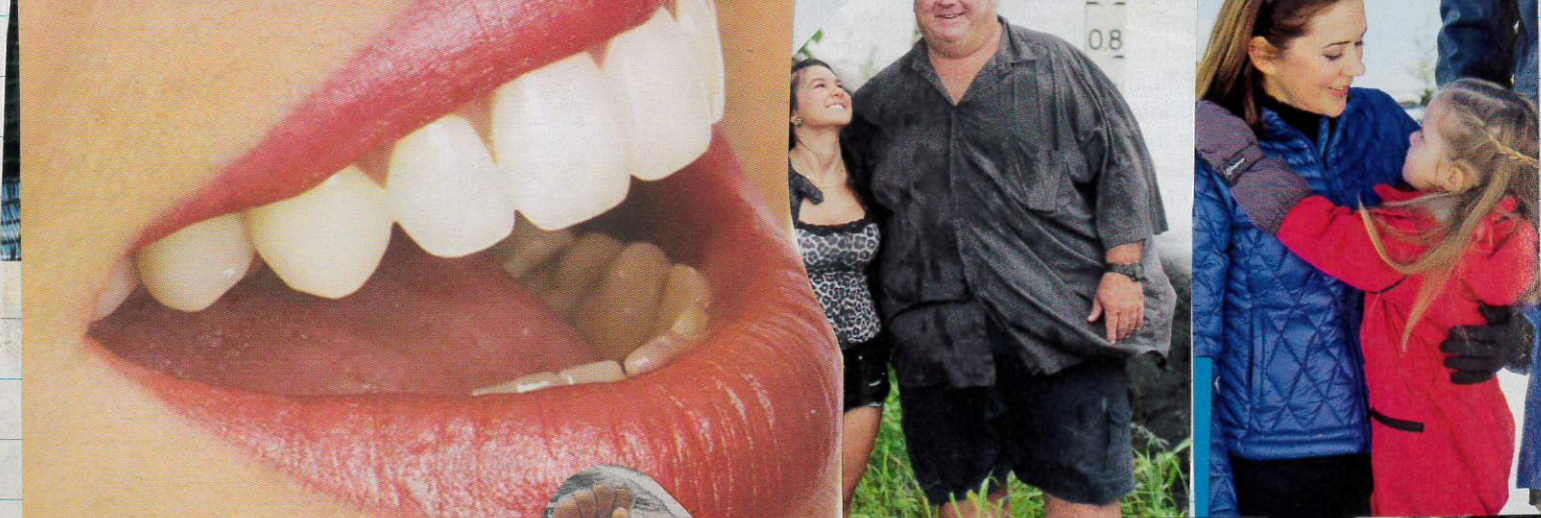
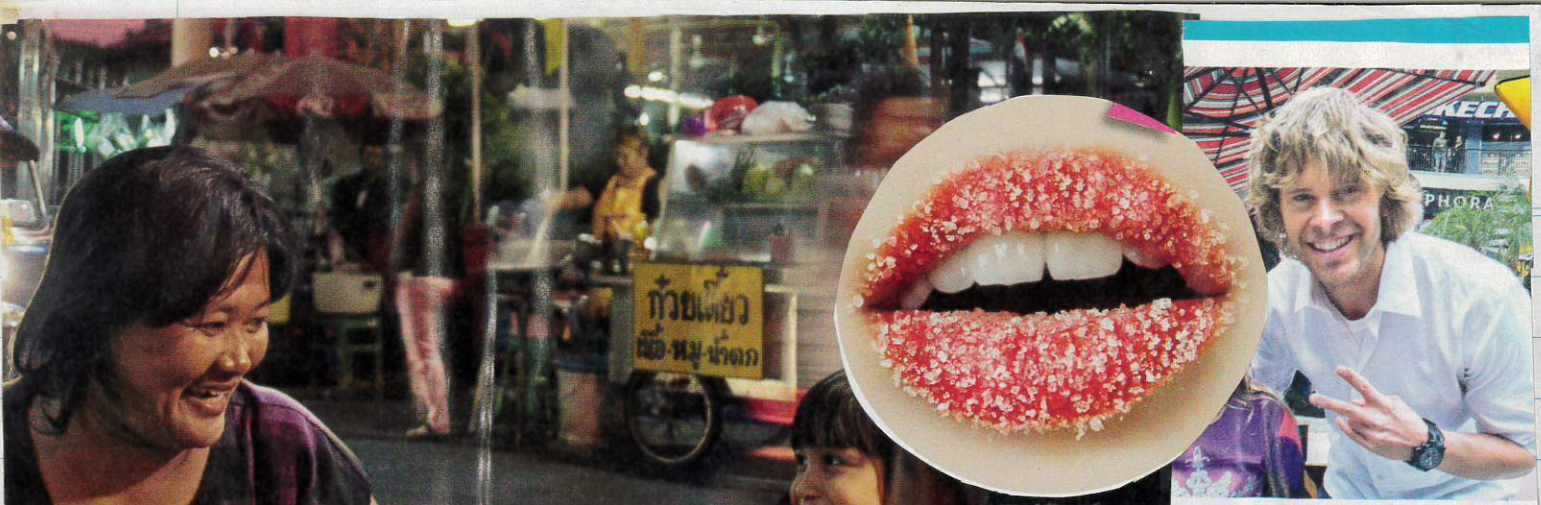
Me (left) and my friend and colleague Pa (front right) with some of the local women

MUMS on a mission

Do Good Deeds

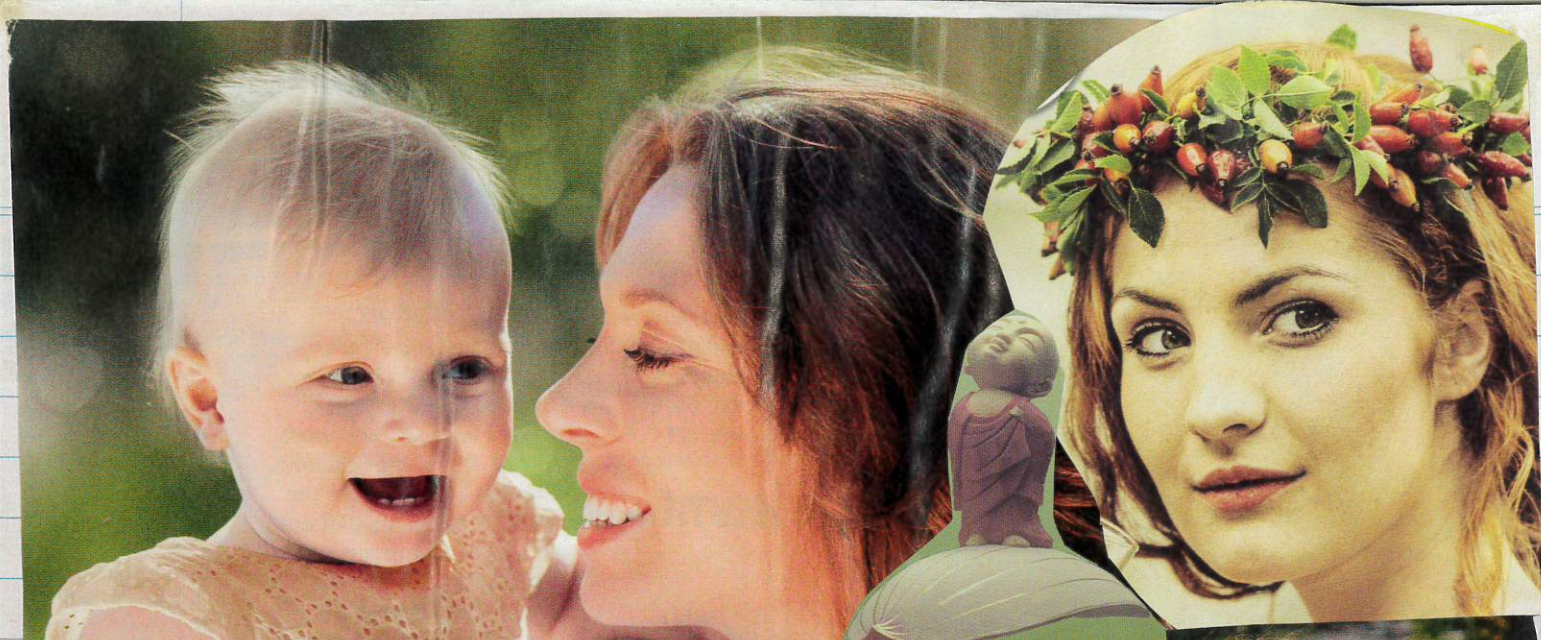
"We all need to wake up to the scale of this crisis," Ange says of the situation in Syria.



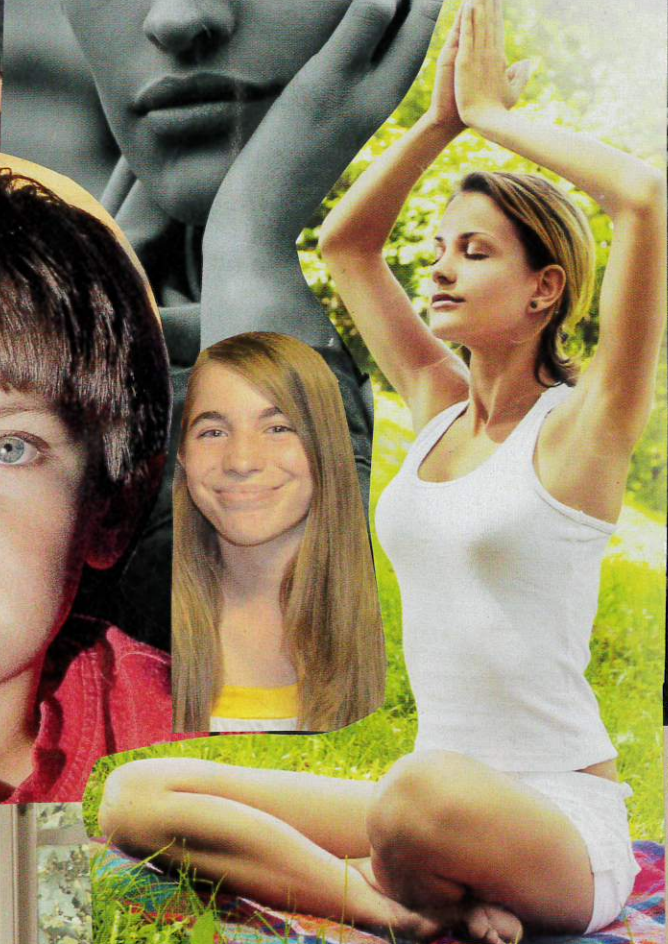


Speak Good Words

"Speak No Evil"



Think Good Thoughts





THE KNIVES ARE OUT
AND THINGS ARE
GETTING HEATED!



Des was
arrested and
charged
with murder

If you or

Do Good Deeds
NOT THIS



**Journey as important
as the destination**

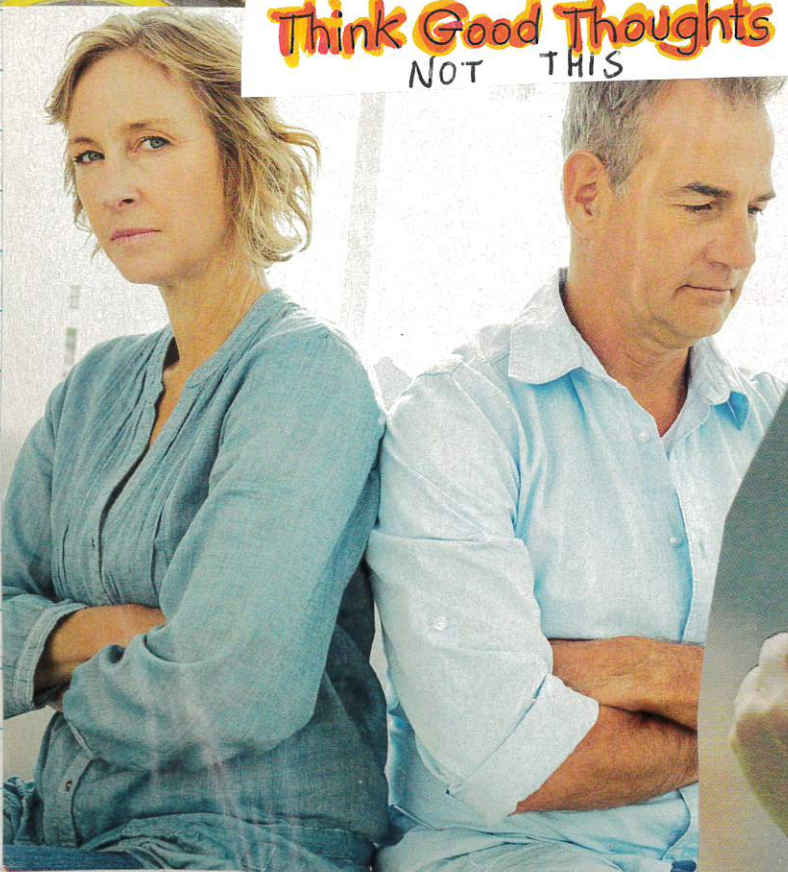
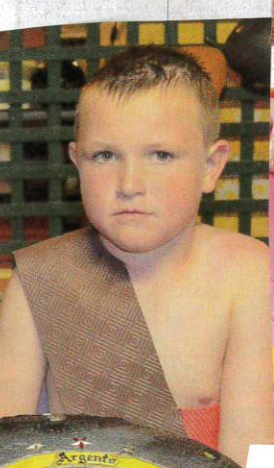


Speak Good Words
NOT THIS



**Kind hearts are the gardens,
Kind thoughts are the roots,
Kind words are the blossoms,
Kind deeds are the fruits.**

- 19th Century rhyme used in primary schools



Kind thoughts
Kind words
Kind deeds



Think Good Thoughts
NOT THIS



PEOPLE on our
HELPING HAND
can help us to make
GOOD CHOICES

People are like vines.....
We are born and we grow.
Like vines, people also
need a tree to cling to,
to give them support.



SUPPORT

OFFICIALS

STRANGERS

TEACHERS



POLICE

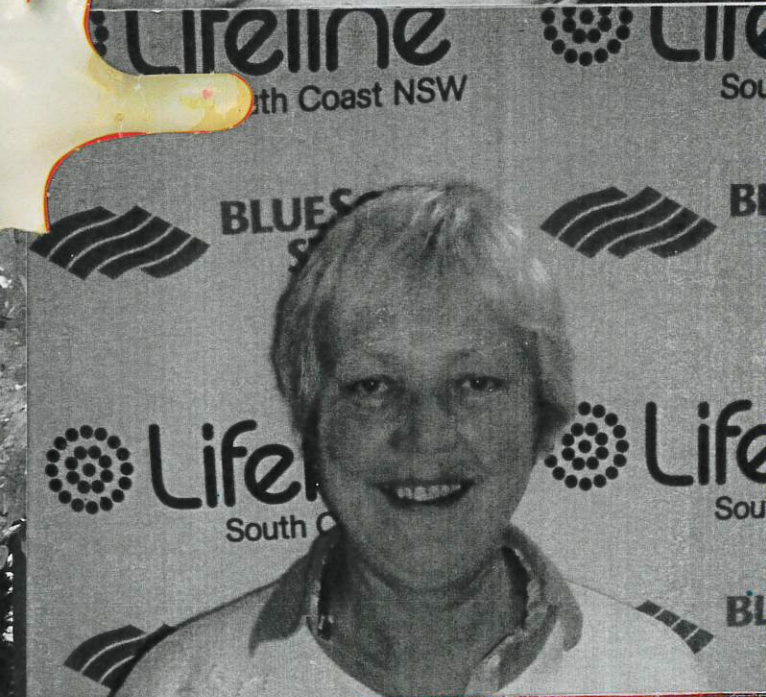
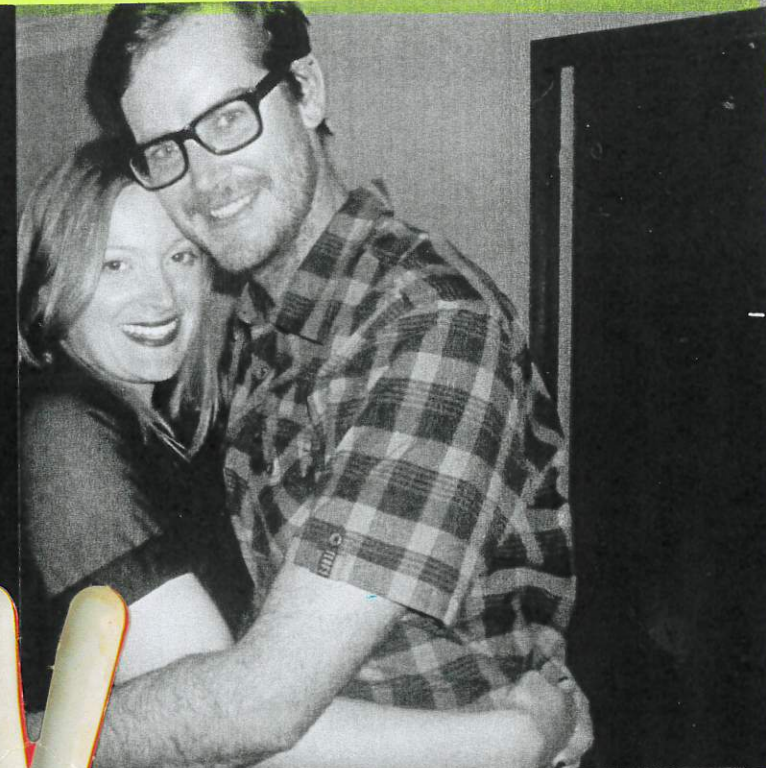
Support
Helping Hand
Network

NEIGHBOURS

FRIENDS

DOCTORS

FAMILY



PEOPLE ON OUR
HELPING HAND
can help us to make
GOOD CHOICES



Kindness

"Let your heart burn with loving-kindness
for all who may cross your path." 'Abdu'l-Bahá

Doodle Art Alley ©



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with the right care*



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**WE ALL HAVE
THE BUDDHA
NATURE IN US.**

Think Good Thoughts

Speak Good Words



Do Good Deeds



Kind hearts are the gardens,
Kind thoughts are the roots,
Kind words are the blossoms,
Kind deeds are the fruits.

- 19th Century rhyme used in primary schools

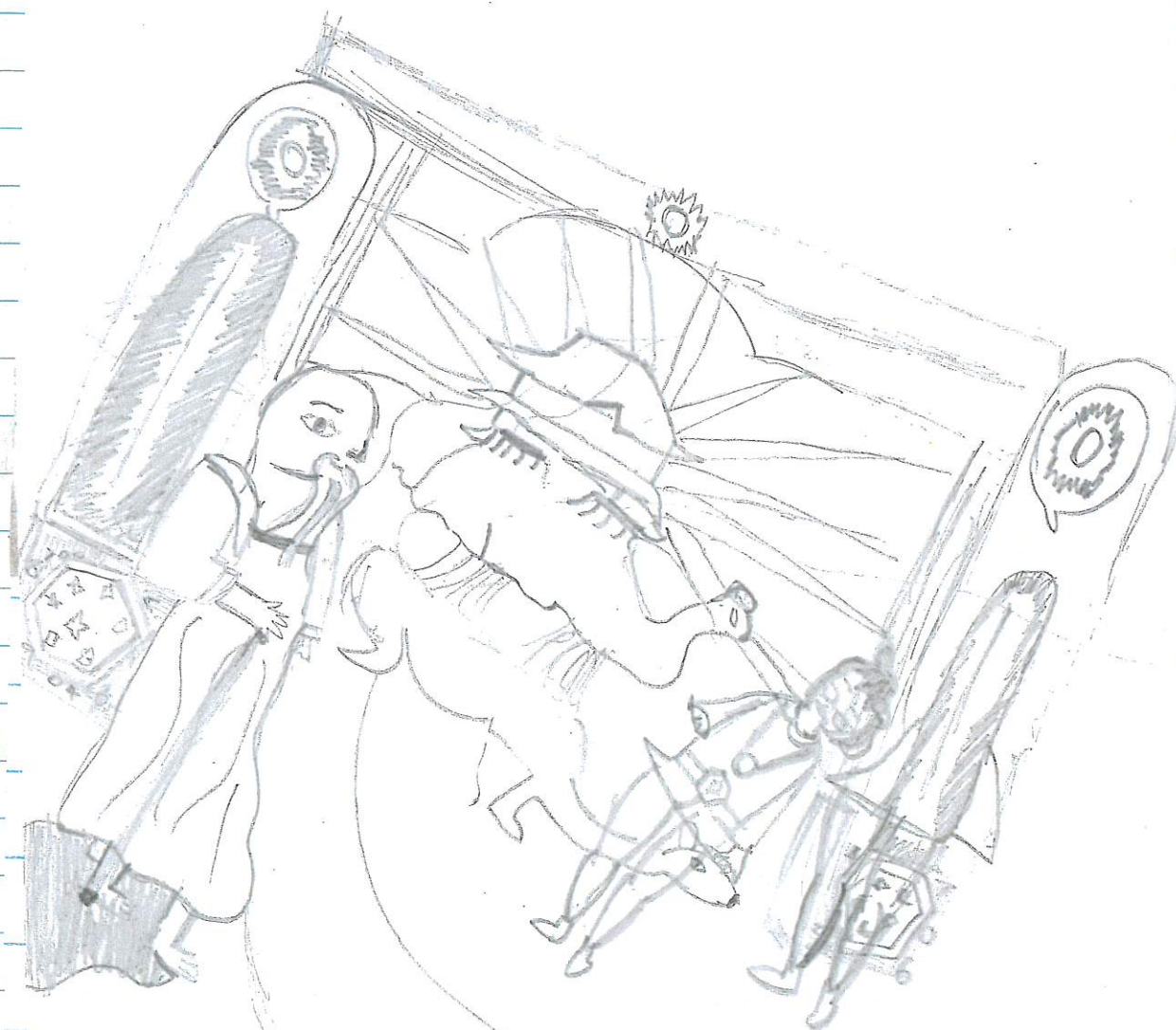
Think Good Thoughts

Speak Good Words

Do Good Deeds

I
M
P
E
R
M
A
N
E
N
C
E

The Prince with a Lot to Learn

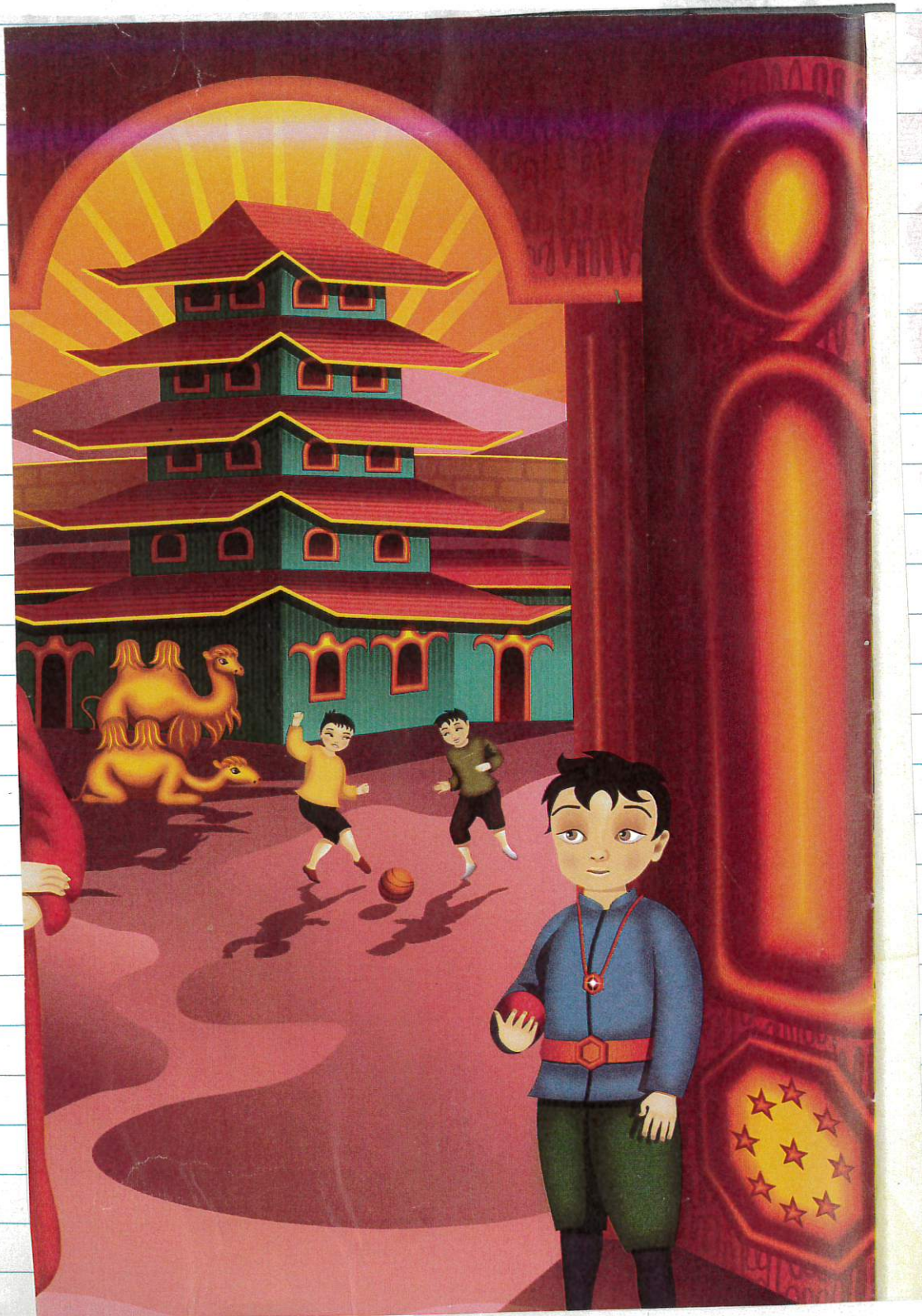


Angela

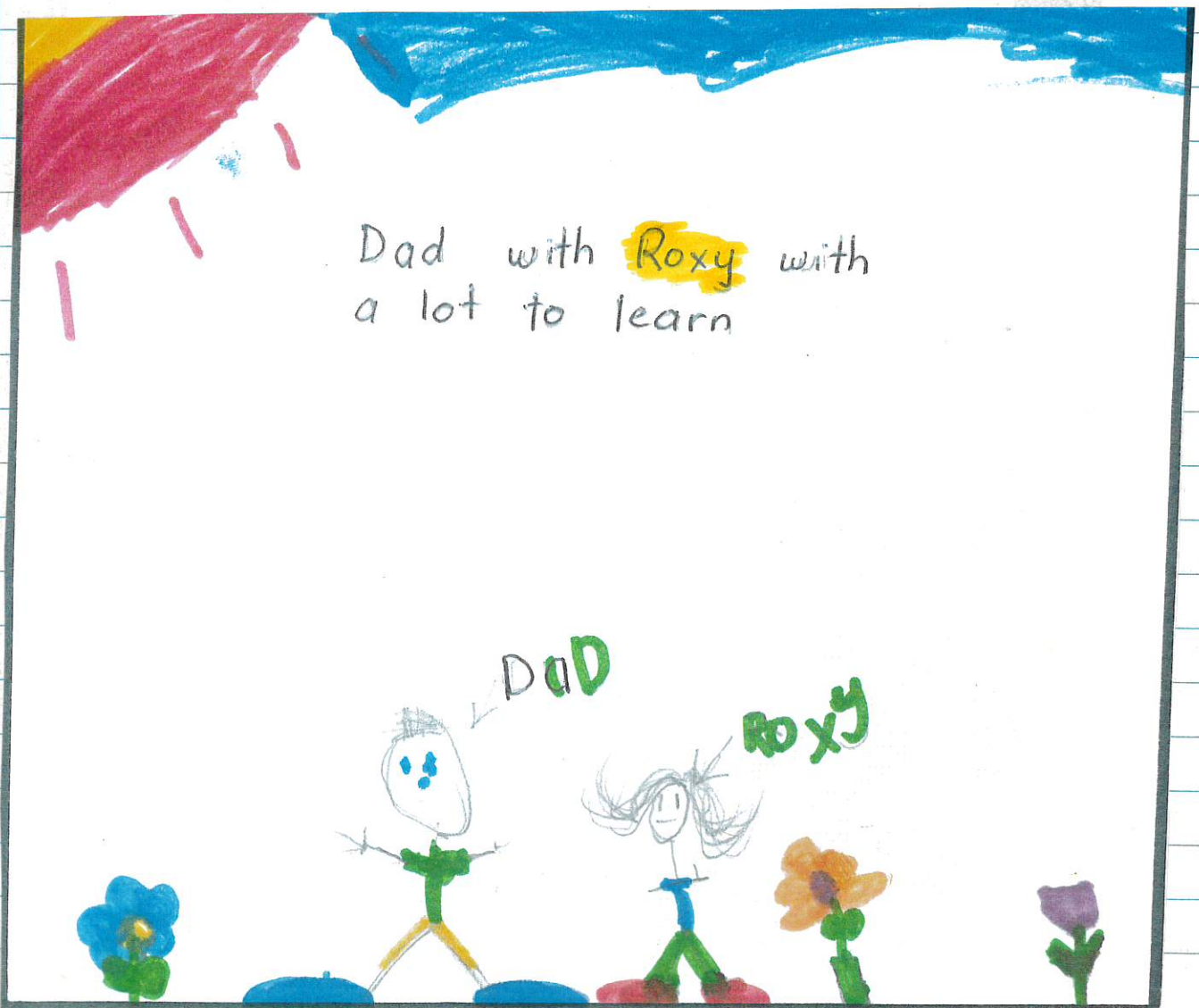


Ava

◆ ◆ ◆ ◆ ◆
The Prince with
a Lot to Learn
◆ ◆ ◆ ◆ ◆



Miss Dunn with Ashley with a lot
to learn



Dad with Roxxy with
a lot to learn



It is only natural to want things to stay as they are, but life is a journey and change is unavoidable. A wise person accepts this and enjoys each precious moment as fully as they can.

Chloe

The King with his daughter, the Princess with a lot to learn.





The Naughty Little Rabbit



Angela



Hayley



Alysse



★ ★ ★ ★ ★ ★
 The Naughty
 Little Rabbit
 ★ ★ ★ ★ ★ ★



*We can all benefit from listening to the wisdom
 that others have gained from experience and are
 kind enough to teach us. A wise person knows
 that there is a time to play and a time to learn.*



4

IMPERMANENCE
 change is unavoidable



Angelina and me - even as a



Our beautiful princess at age two



KOCHIE & SAM ARMYTAGE

THEN



Hugh Jackman



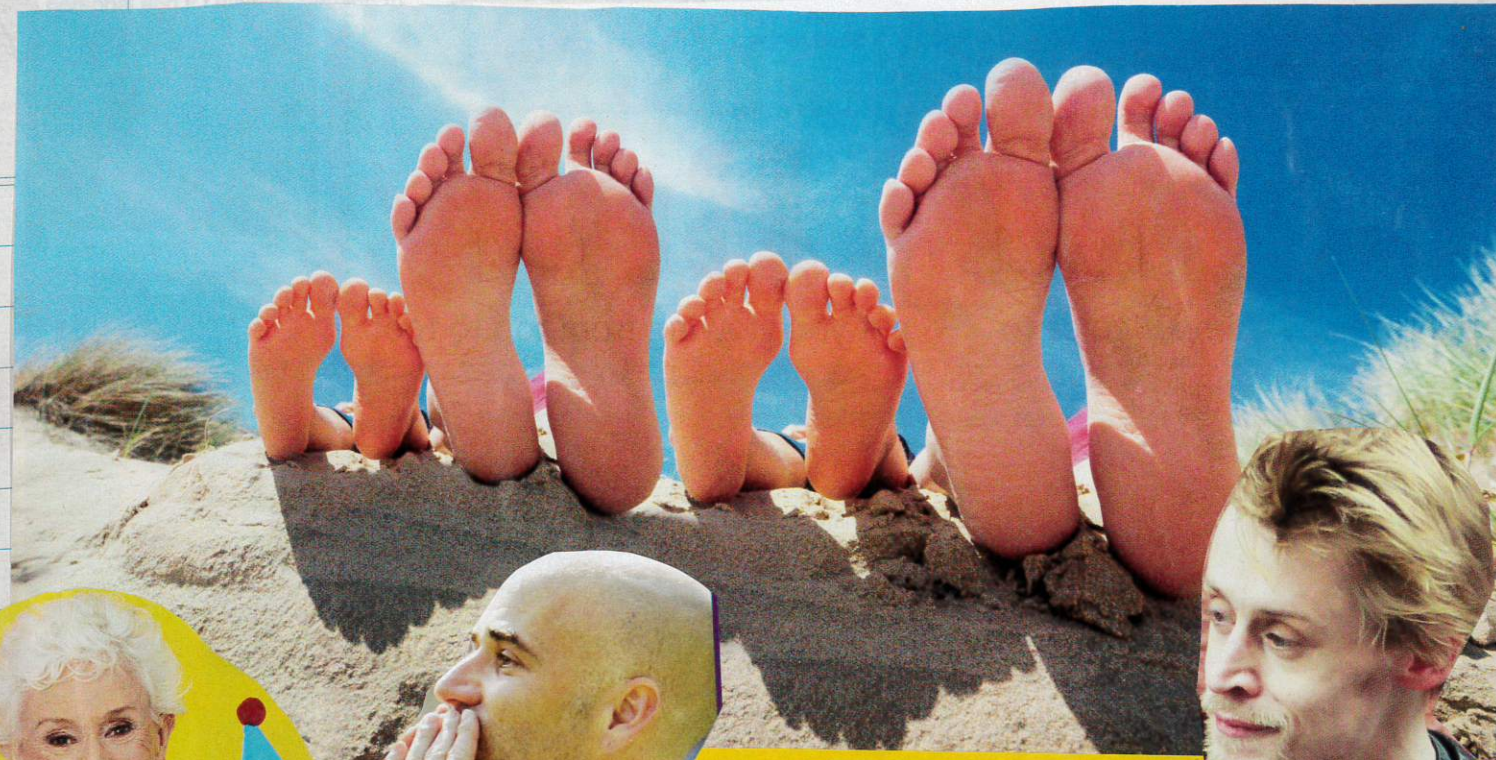
1999



1973



THEN



MACAULAY CULKIN

From menace to musician

THEN



Ryan Gosling



IMPERMANENCE
change is unavoidable

THERE'S A TIME

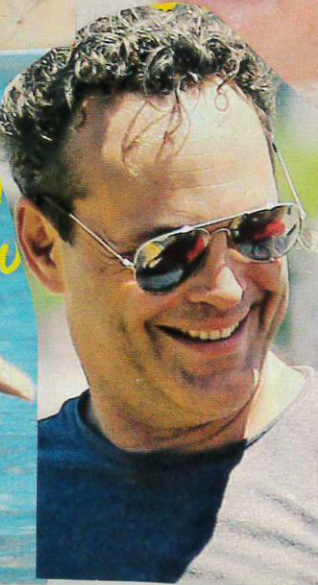
FOR PLAY



Vapne Harrison, Kirwan,



Sun
fun
full sw



THERE'S A TIME

FOR LEARNING



You have to be a good elf to be a lifeguard... right, Ryan?



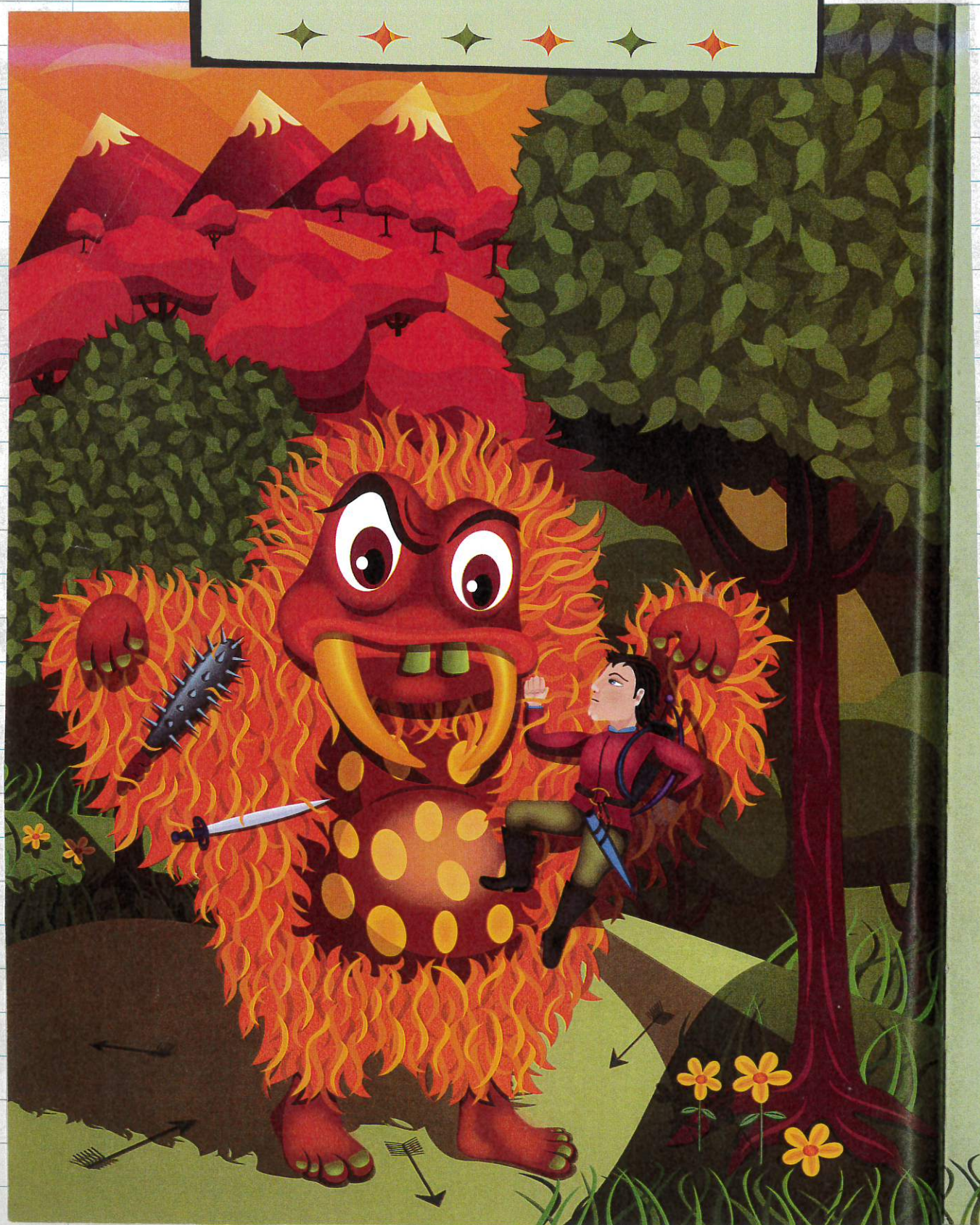
40 Woman's Day



w
t



The Prince and Sticky Hair



Sometimes it feels like there's no option but to fight our way out of a difficult situation. A wise person knows that it's their intelligence, not their physical strength, that will help them to win in the end!



Roxy
Year 1



Chloe
3rd class



Angela
Year 3

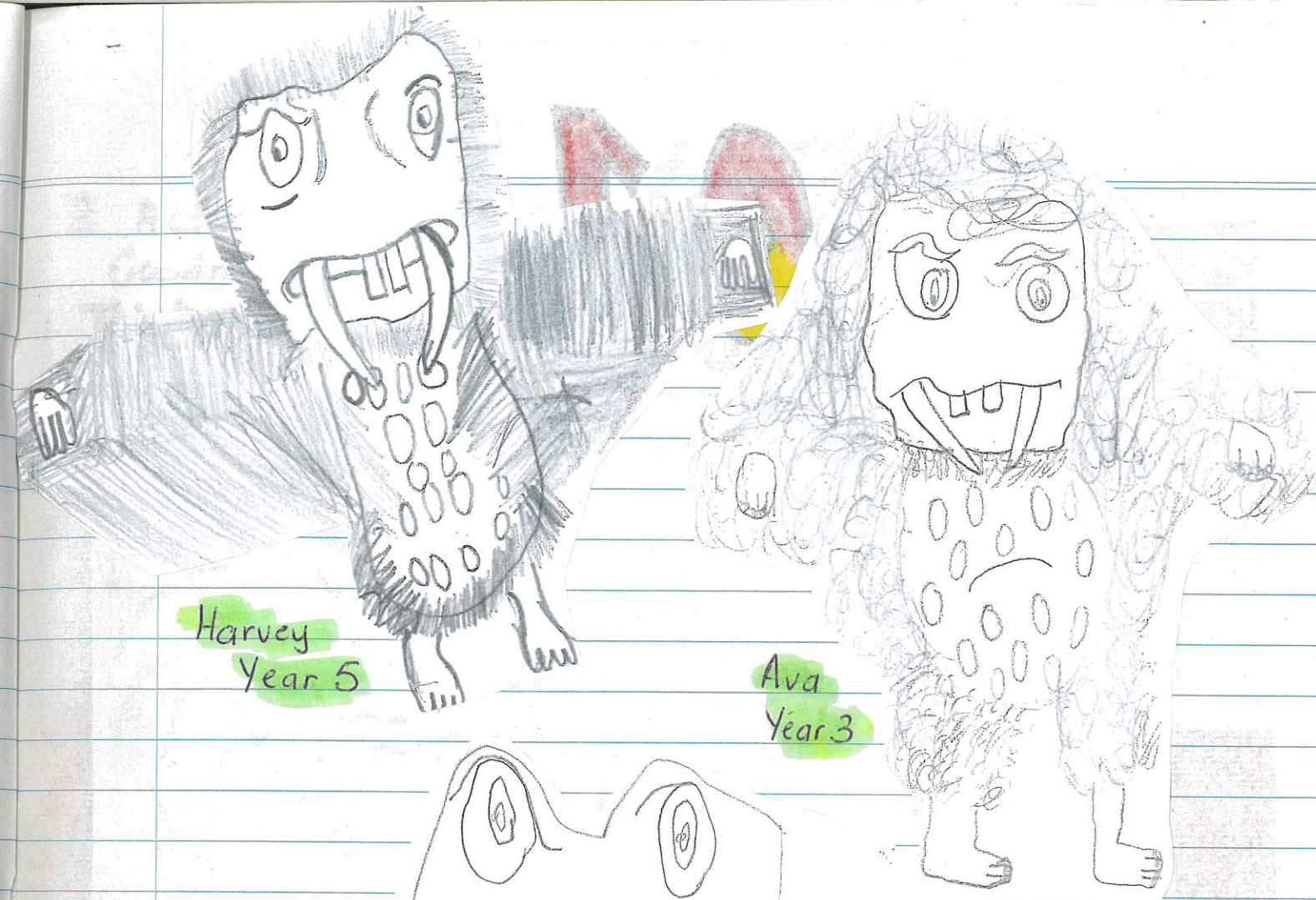




Ashleigh
Year 1

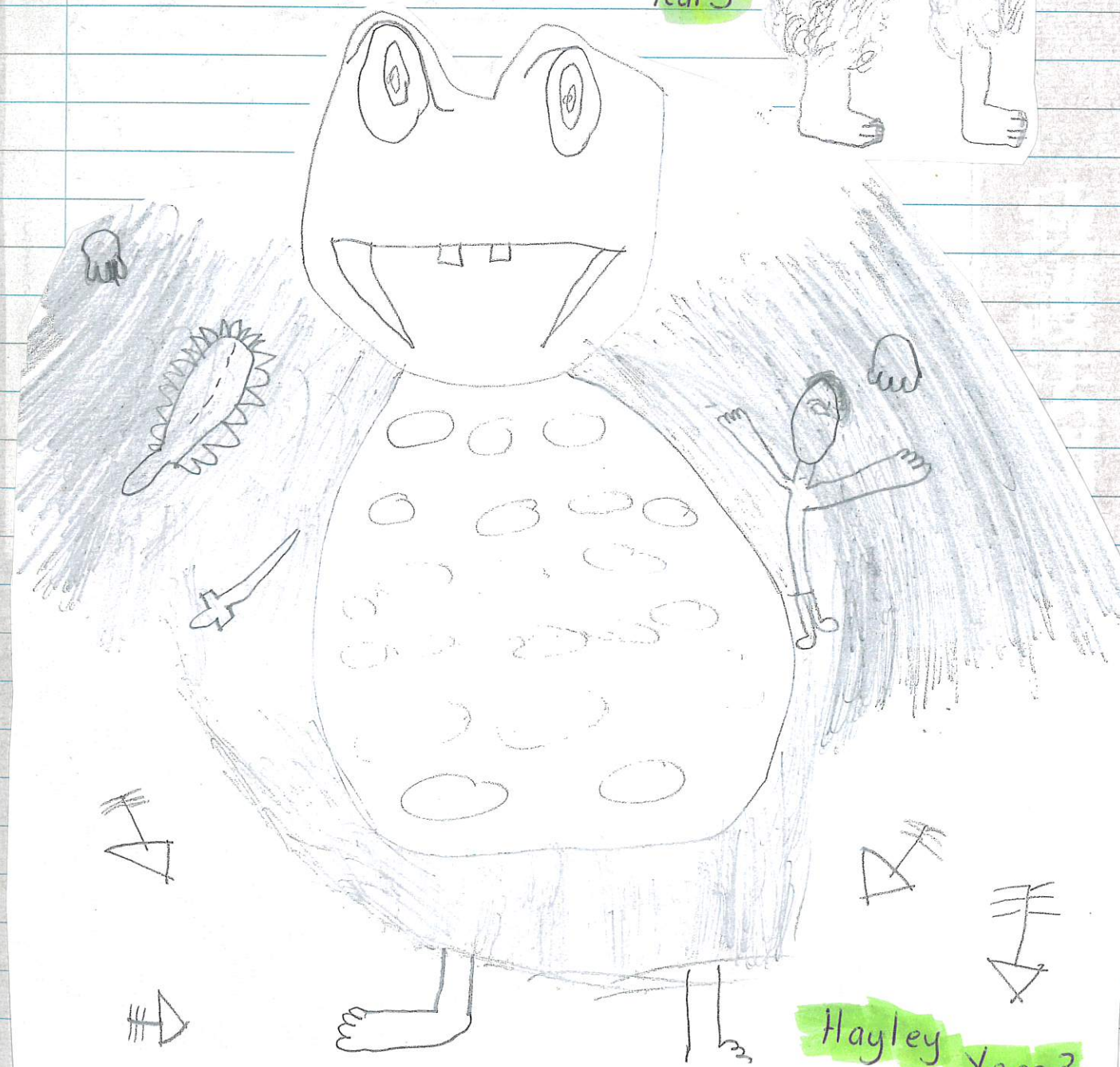


Alysse
Year 2



Harvey
Year 5

Ava
Year 3



Hayley
Year 3

2017



RISING DAWN of SUCCESS

3 Acts of Goodness

1. **Think** good thoughts
2. **Say** good words
3. **Do** good deeds

2017!

2017!

GOALS:

1. I will do my best.
2. I will show respect.
3. I will declutter.
4. I will be healthy.



内政部著

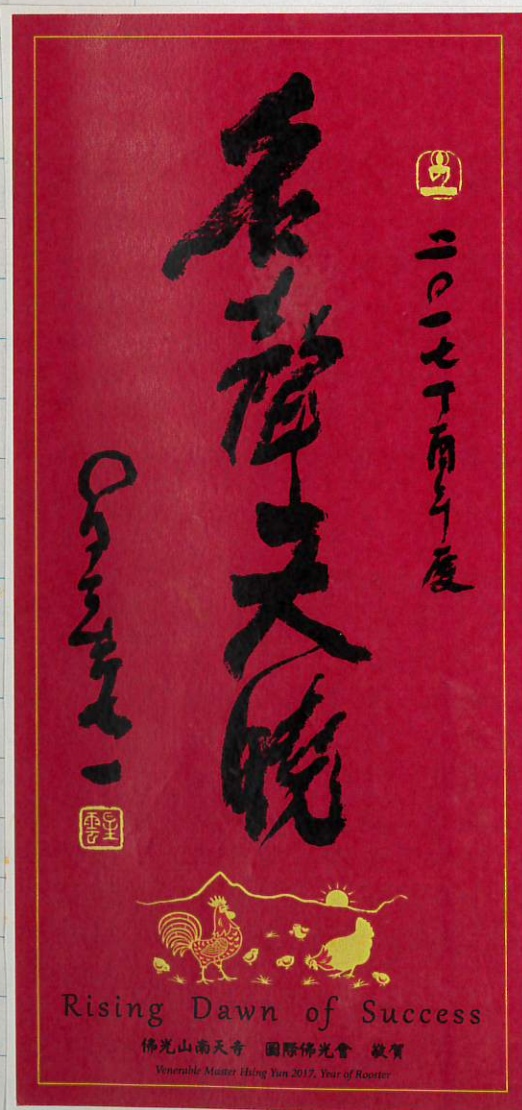


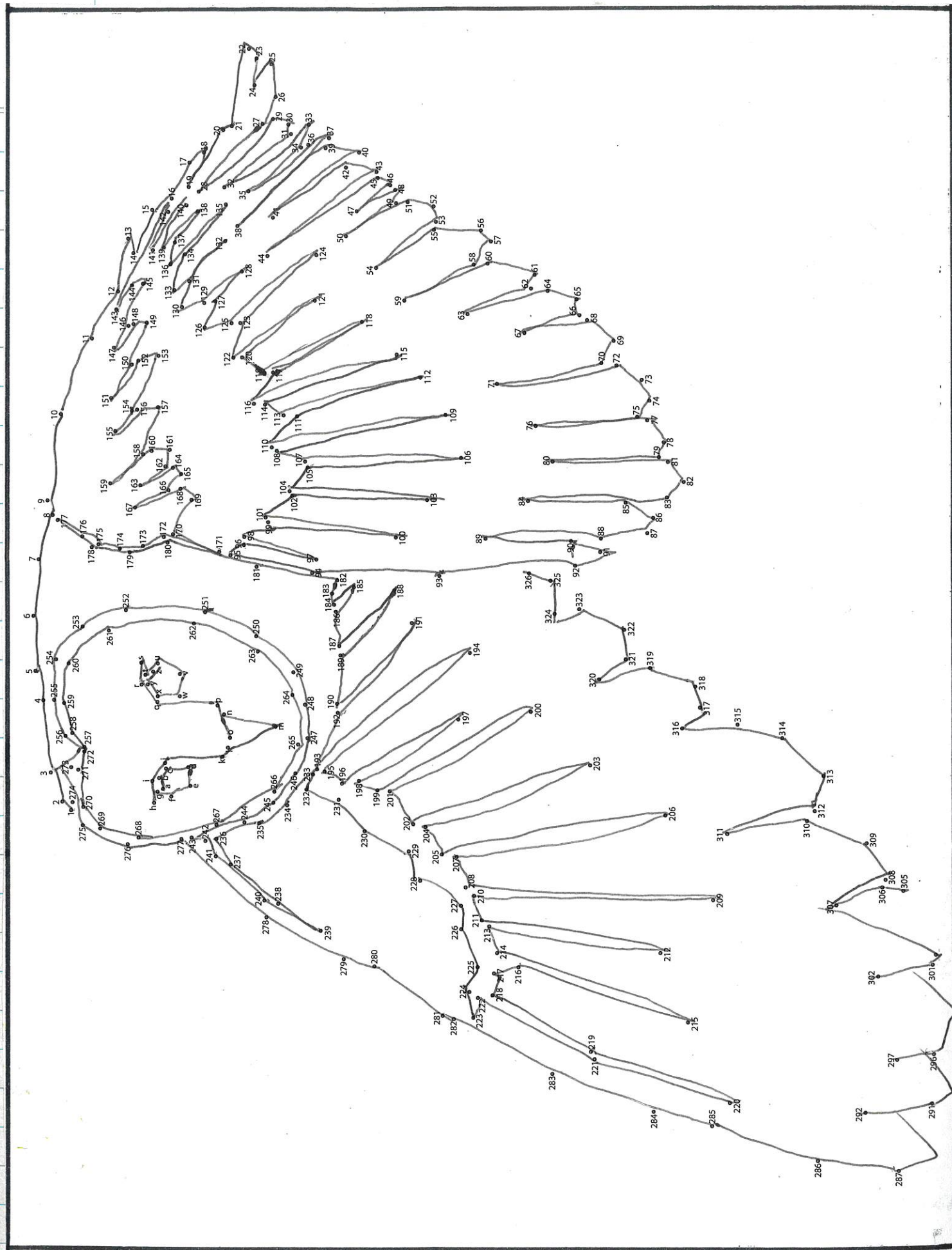
25590號

2017 is the Chinese Year of the Rooster, which begins on January 28. The rooster encourages us to get organised and get things done. We'd all do well to stay focused and centred with an eye to the goal we want to achieve, then run with all our might to achieve it.

Success

- * resilience
- * perseverance
- * organised
- * focused
- * positive attitude
- * willingness to try
- * be mindful
- * 3 Acts of Goodness

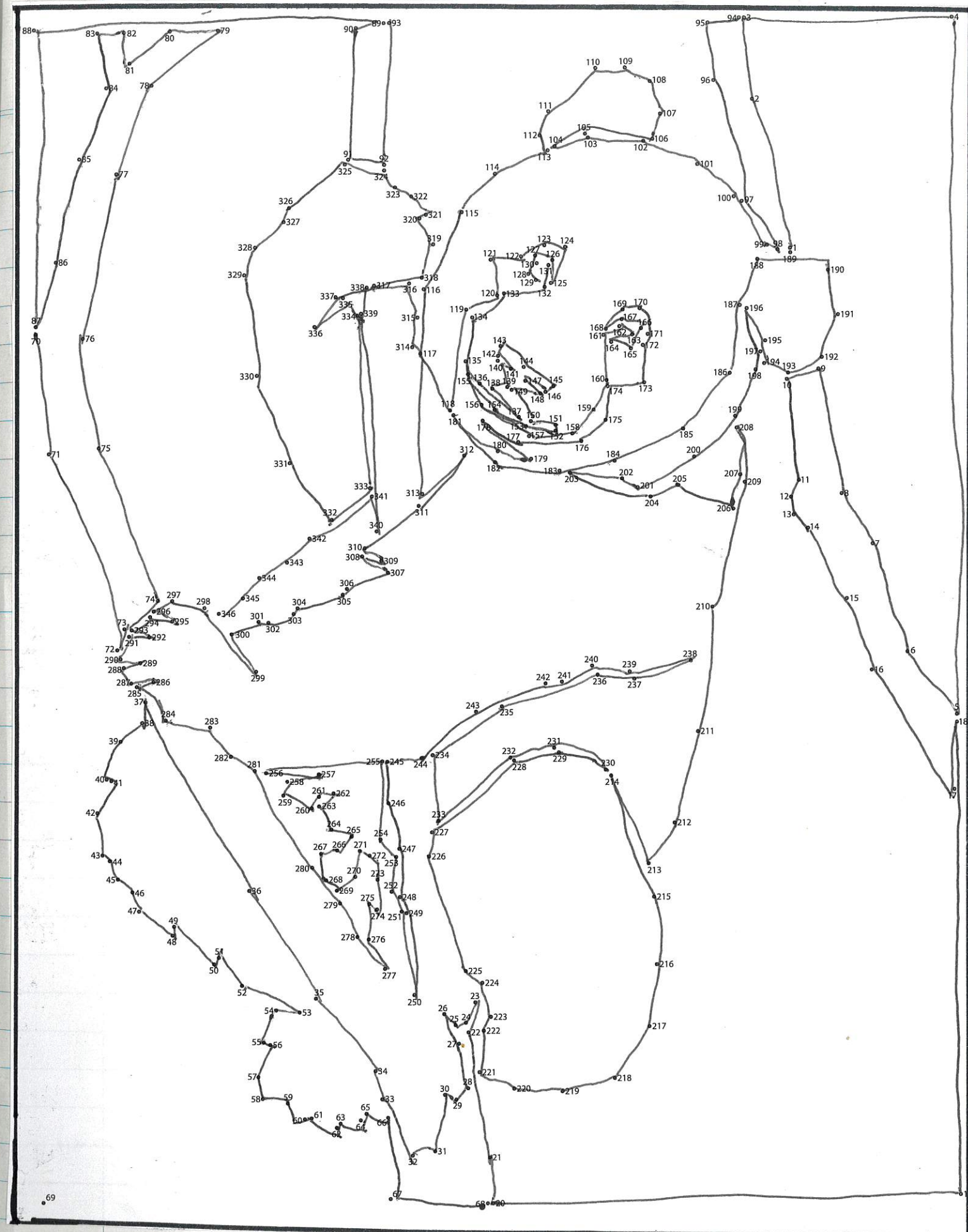




Concentration Focus Resilience



Copyrighted Approved

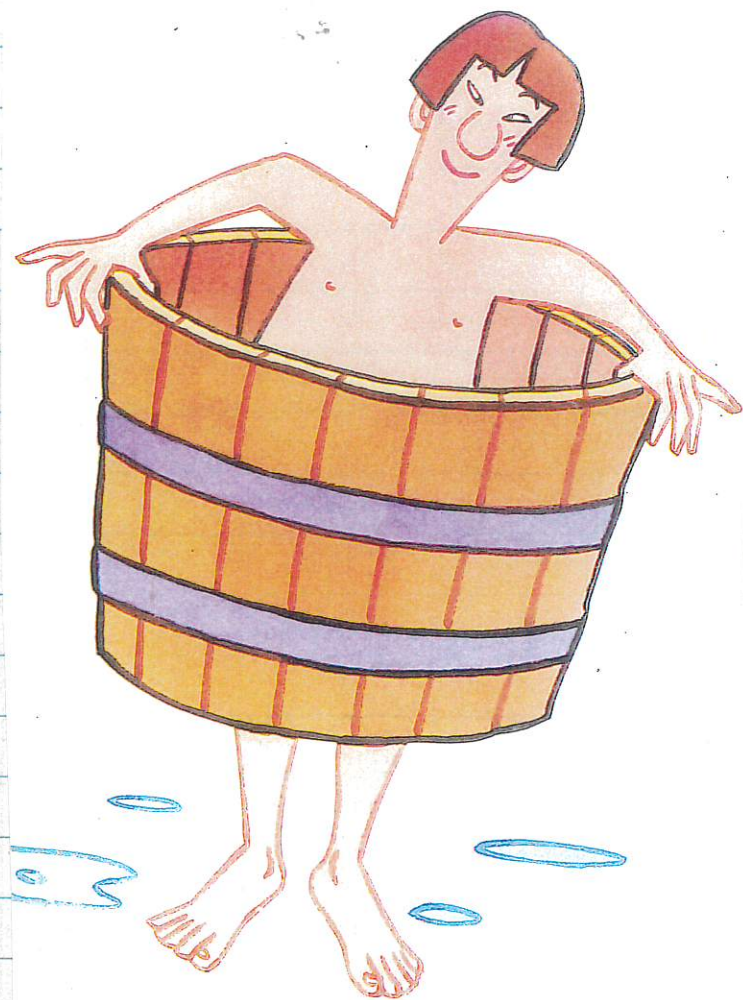


Perserverence Organised Tried Mindful

The Boy Who Wouldn't Take a Bath

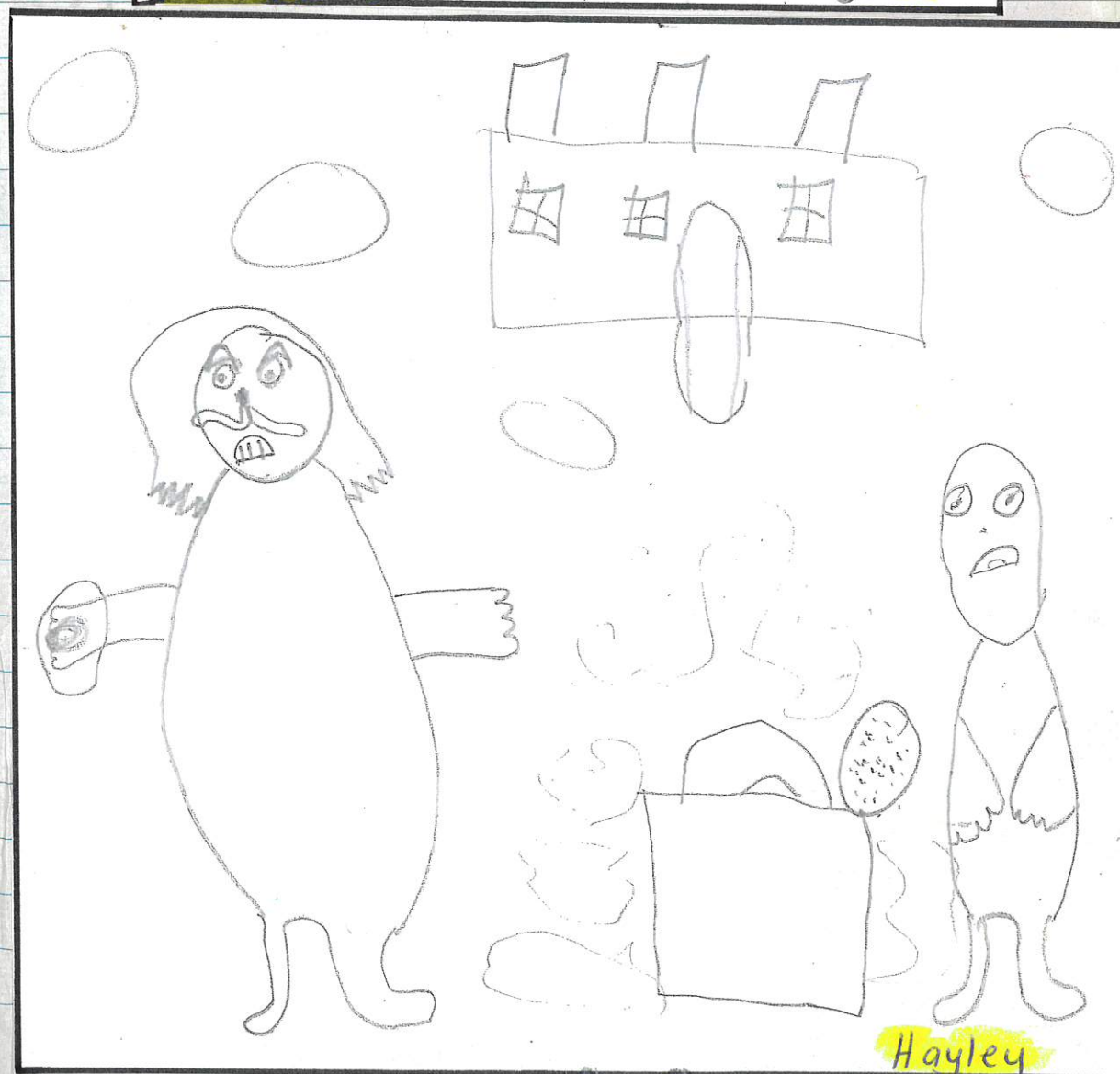
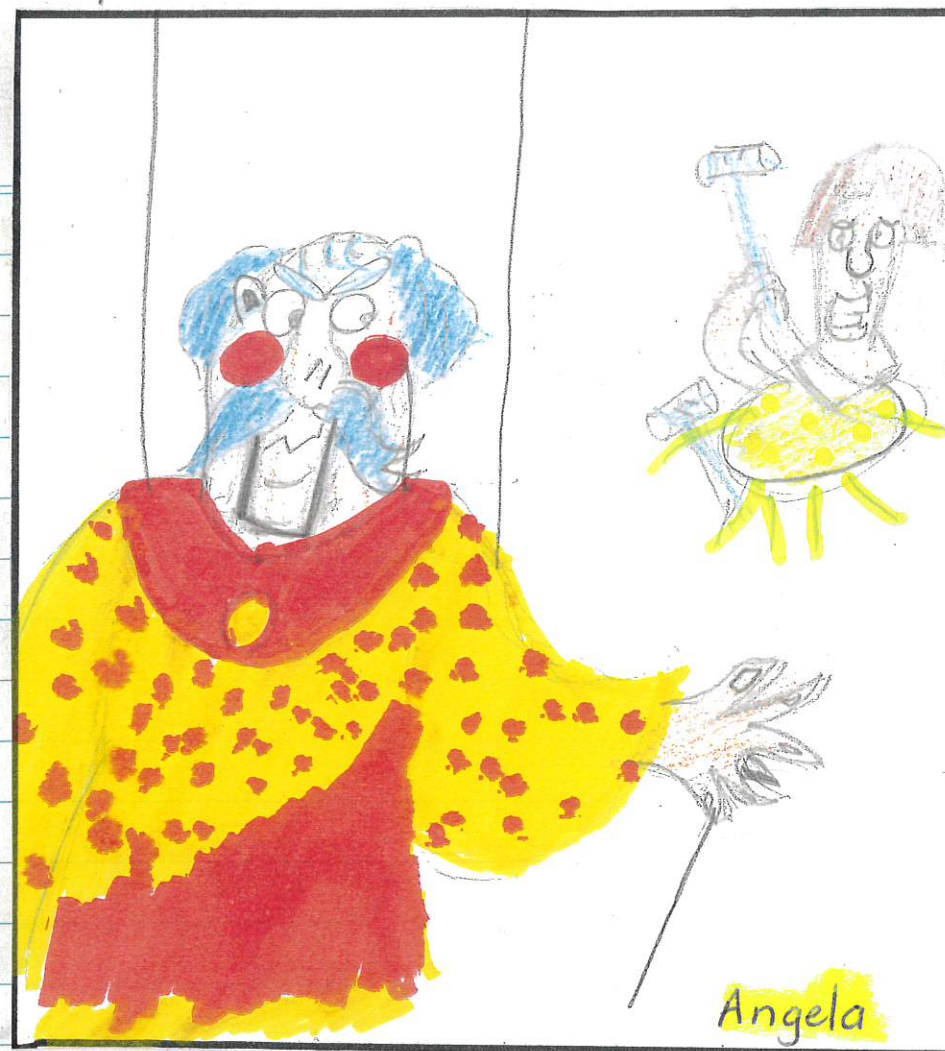
Moral:

Be honest
open
honourable
authentic
genuine
real
truthful
natural
moral
Yourself



Don't be:

deceitful
dishonest
fake
false
lying
fraud
pretend



The

ath

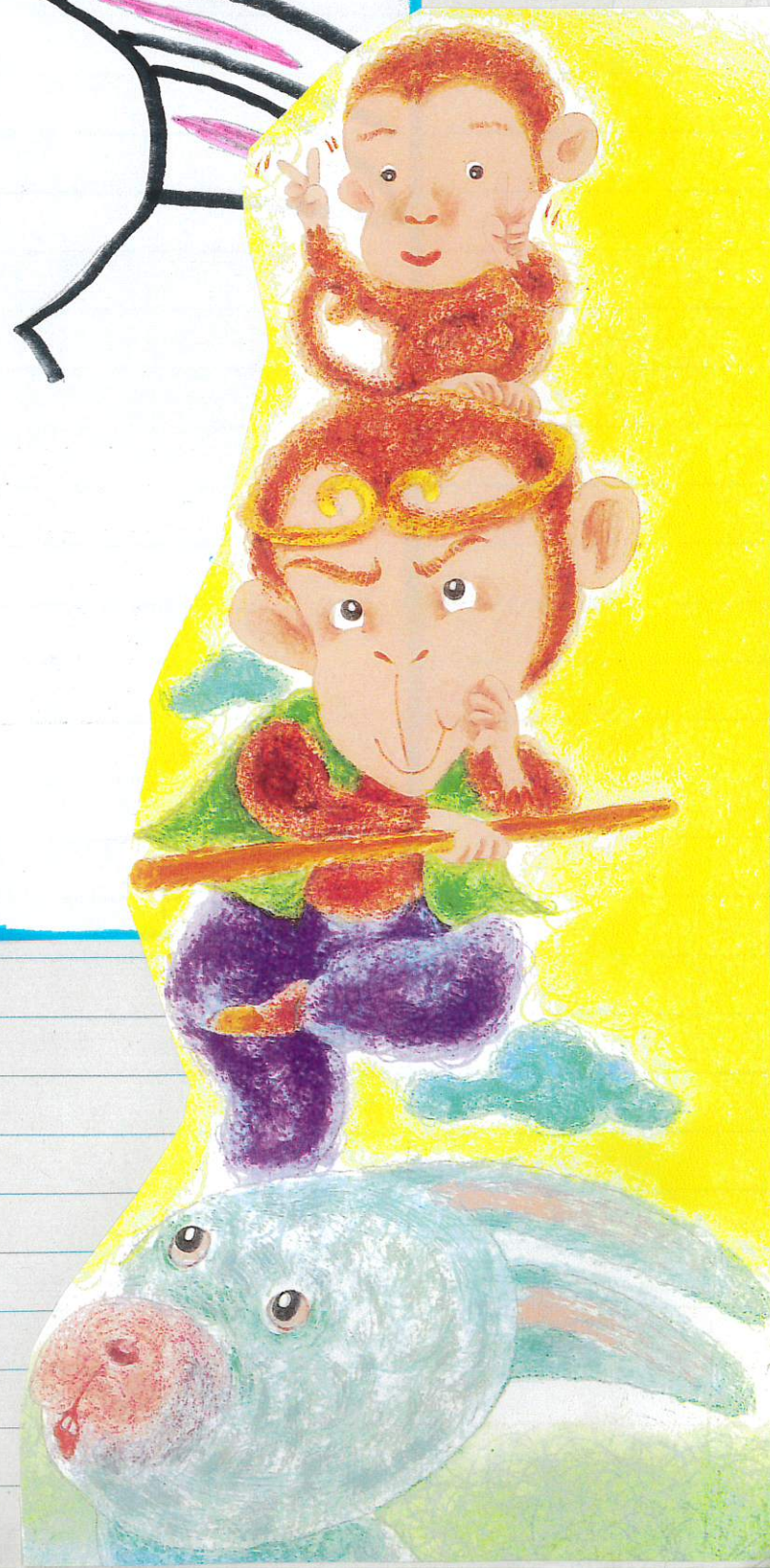
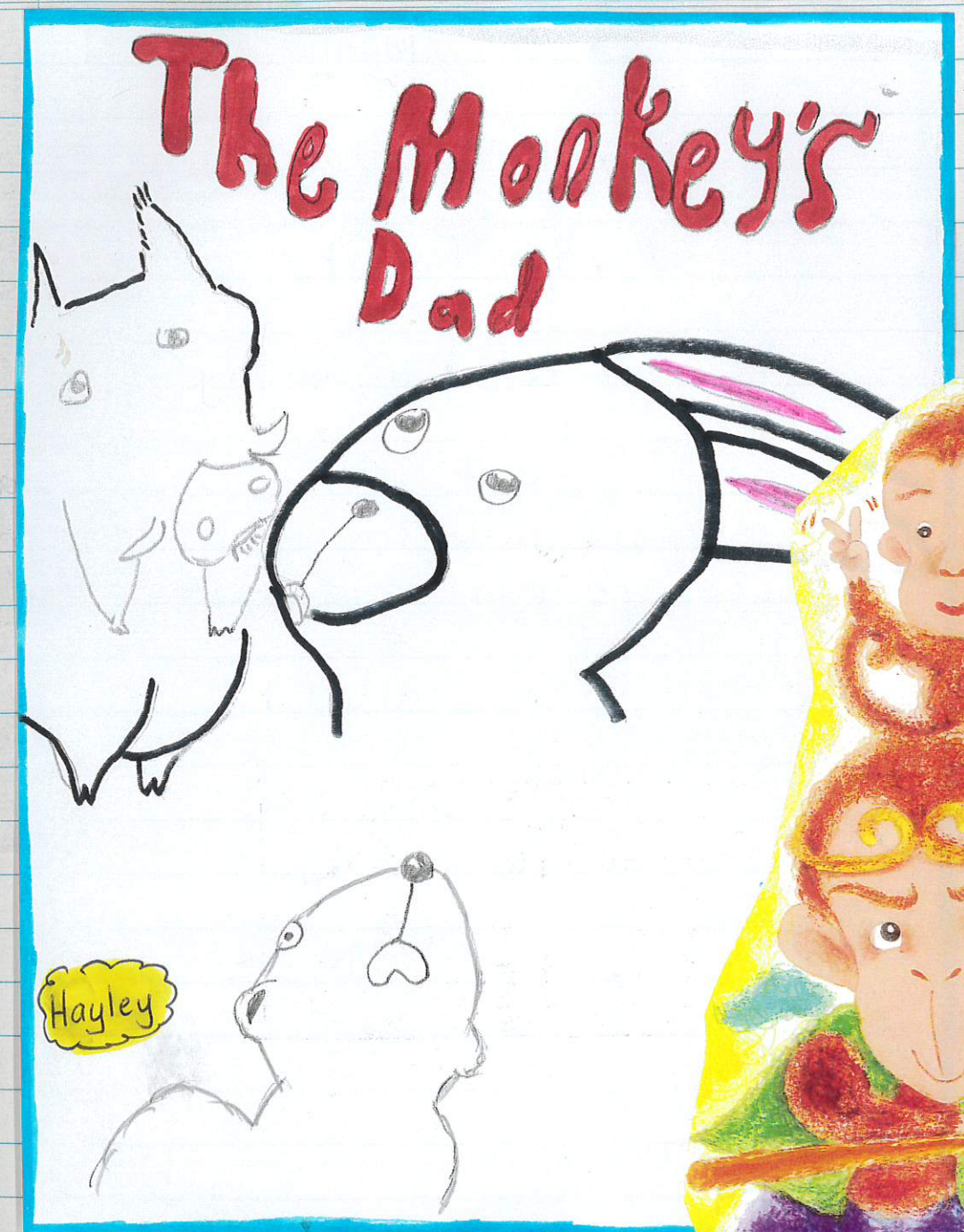


"With our thoughts
we make the world"

Gautama Buddha



The Monkey's Dad

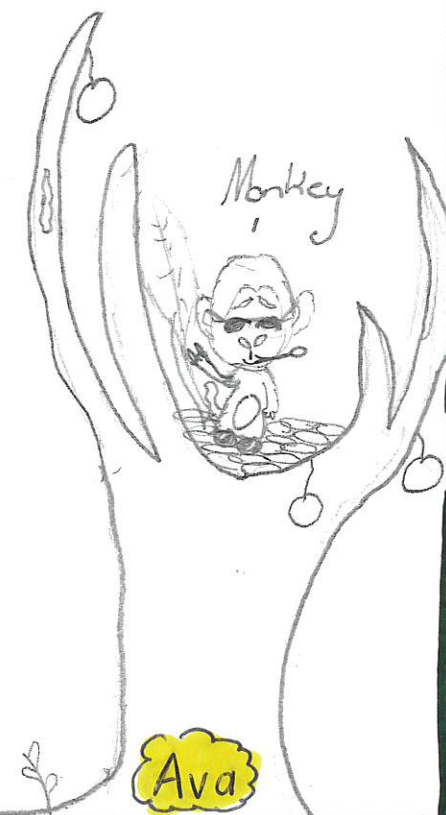
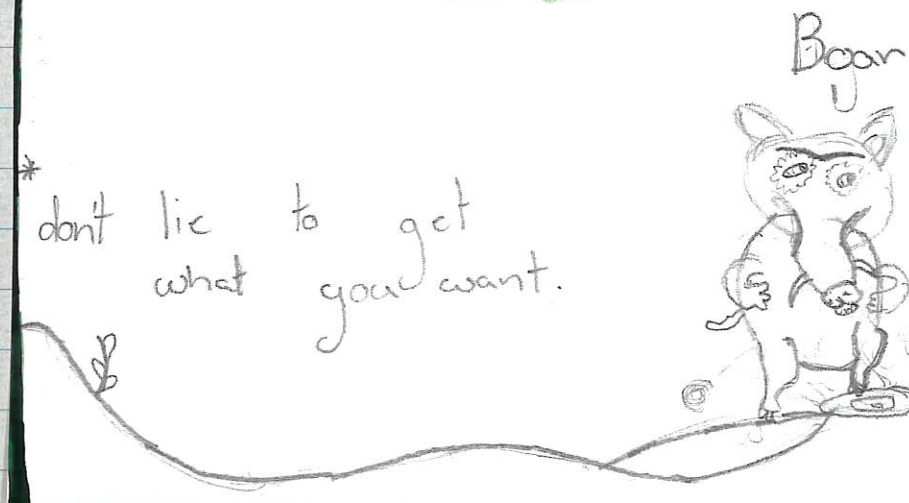




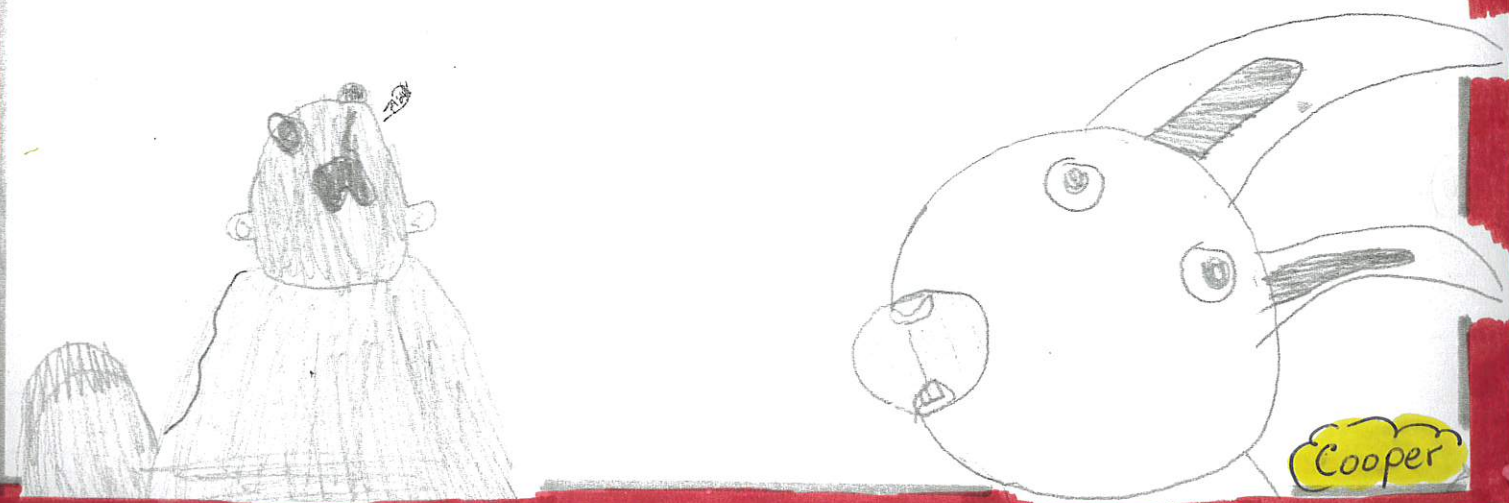
DO

- * Be loyal
- * Be a true friend
- * Be honest
- * Be trustworthy
- * Stick with your friends through good times and bad.
- * Be truthful

the MONKEY'S DAD

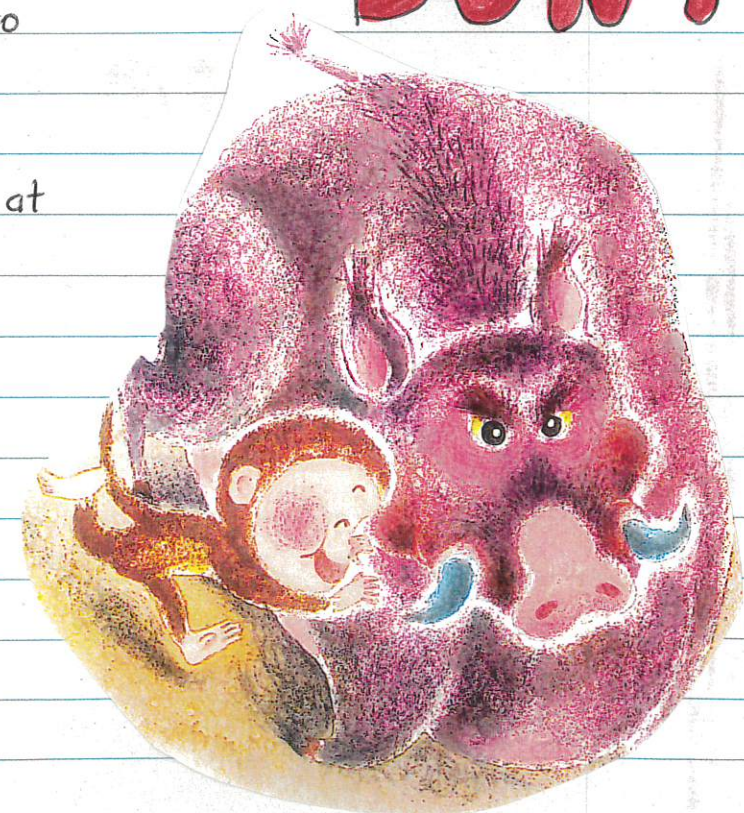


The monkey's dad



DON'T

- * Don't use people to benefit yourself
- * Don't lie to get what you want
- * Don't be fickle
- * Don't be changeable when it suits you.
- * Don't pretend
- * Don't deceive



Law of Cause and Effect

is

Karma

Every choice
has a consequence

thought
speech
action



Good
Bad
Neutral

KARMA

Every action of
body speech thought
has a consequence
called KARMA.

This is known as the
Law of Cause and Effect.

Karma can be:

Good Karma

Bad Karma

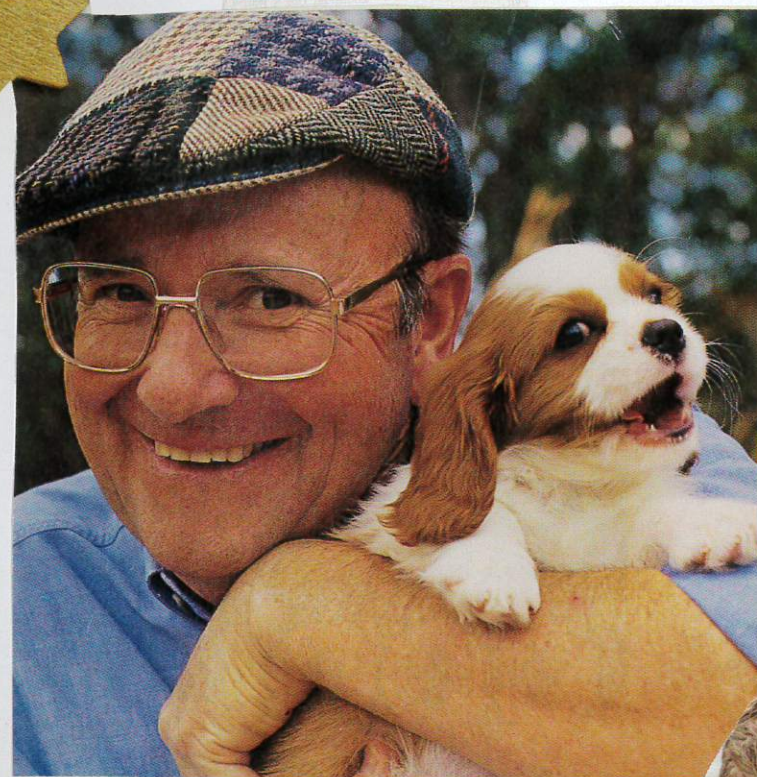
Neutral Karma.

DO

NO

WARMA

Good Karma



FRIENDS



Inspiring
choices

truth

Love



Good Karma

Three Acts of Goodness:

1. Think good thoughts
2. Speak good words
3. Do good deeds



Killing

Lying

stealing

Drinking too much anger

laziness

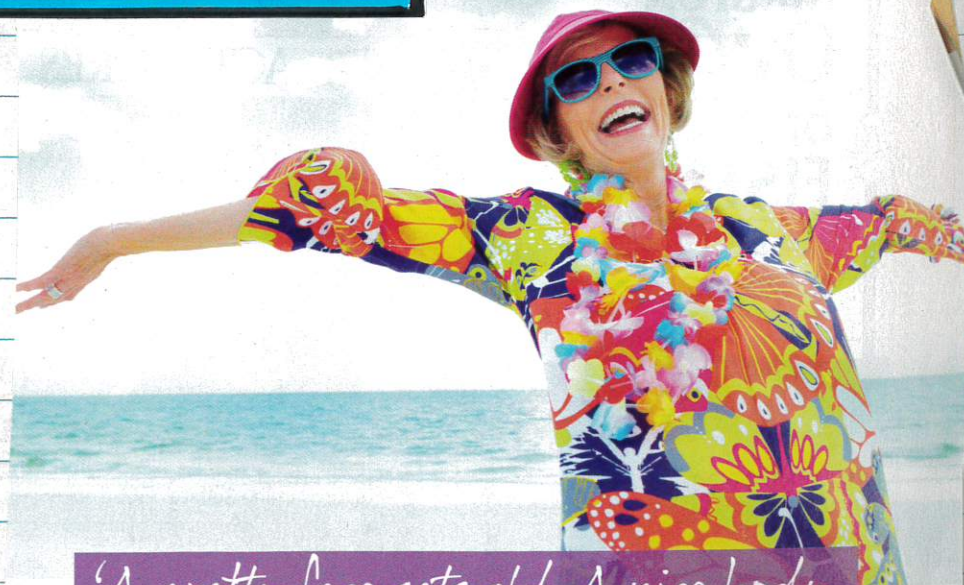
Selling Drugs

Making Weapons

greed

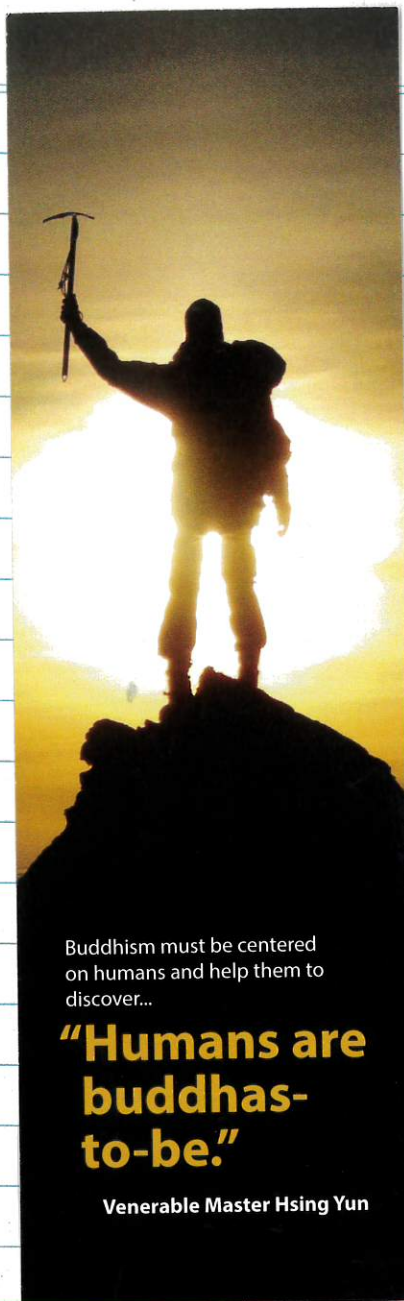
jealousy

Bad Karma



'A pretty face gets old. A nice body will change. But a good woman will always be a good woman.'

CHOOSE

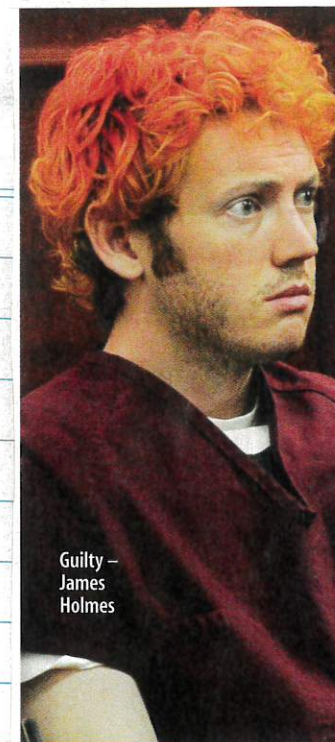


Buddhism must be centered on humans and help them to discover...

"Humans are buddhas-to-be."

Venerable Master Hsing Yun

Bad Karma



Guilty - James Holmes

THIEF



cheat

KILL



JAIL

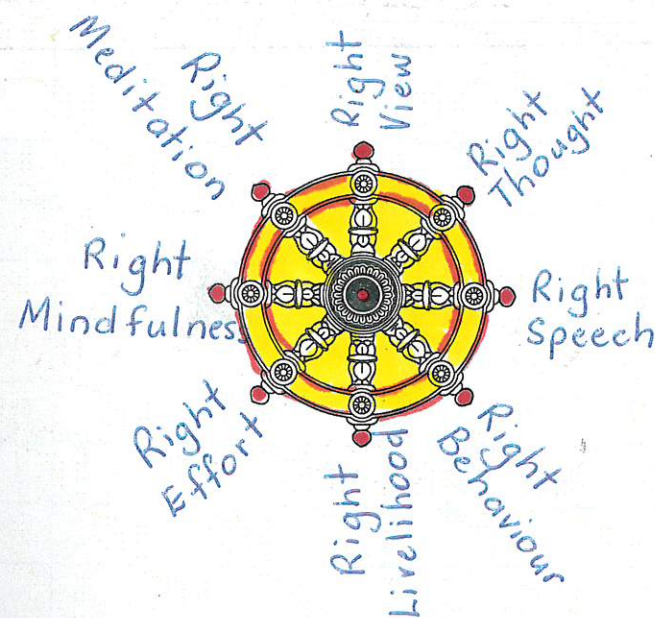
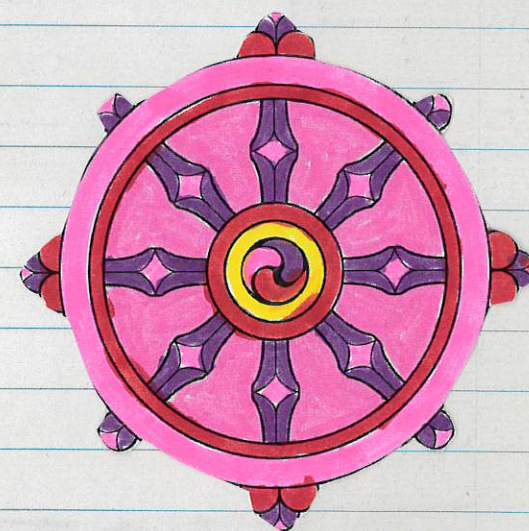
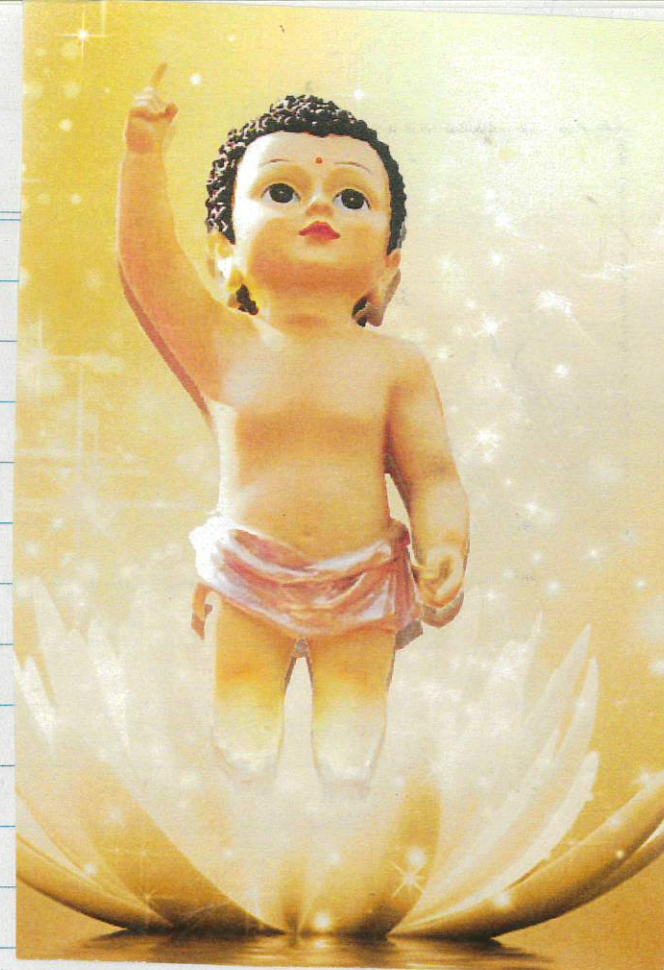
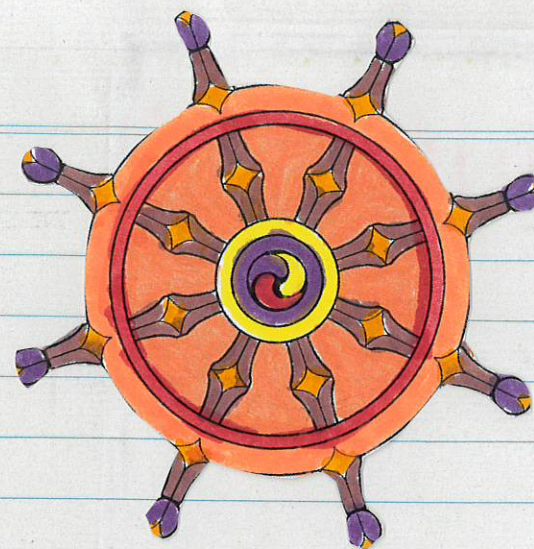


Lee in handcuffs

NEUTRAL KARMA



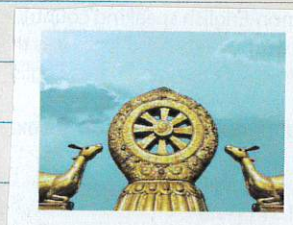
Just two hours old and she's already saving lives.



WHEEL OF DHARMA

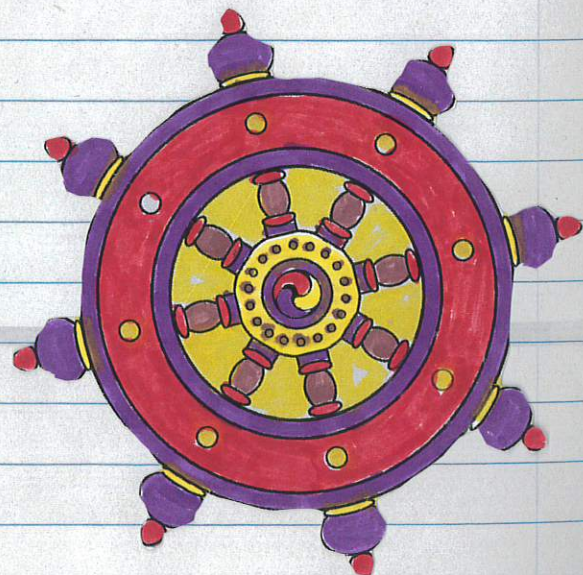
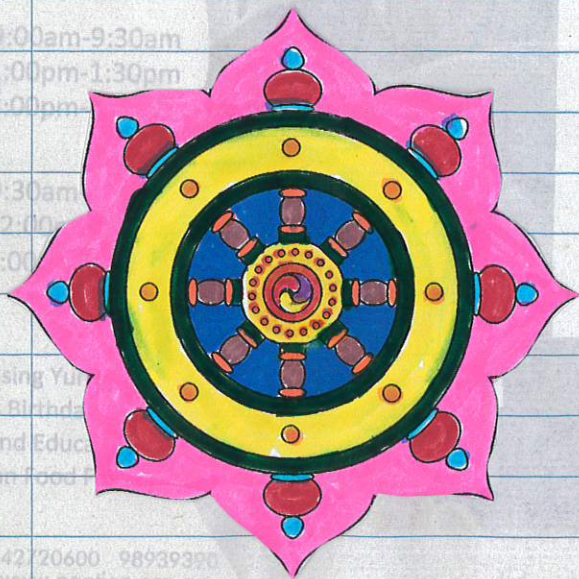
Noble Eightfold Path of Buddhism

The Wheel of Dharma is the translation of the Sanskrit word, "Dharma-cakra." Similar to the wheel of a cart that keeps revolving, it symbolizes the Buddha's teaching as it continues to be spread widely and endlessly. The eight spokes of the wheel represent the Noble Eightfold Path of Buddhism, the most important Way of Practice. The Noble Eightfold Path refers to right view, right thought, right speech, right behavior, right livelihood, right effort, right mindfulness, and right meditation. In the olden days before statues and other images of the Buddha were made, this Wheel of Dharma served as the object of worship. At the present time, the Wheel is used internationally as the common symbol of Buddhism.



WHEEL of DHARMA

1. Right View
 2. Right Thought
 3. Right Speech
 4. Right Behaviour
 5. Right
 6. Right Livelihood
 7. Right
 8. Right Effort
- Mindfulness
- Meditation



6 May 9:00am-9:30am
1:00pm-1:30pm
3:00pm

7 May 9:30am
12:00pm
2:00pm

Master Hsing Yun
Buddha's Birthday
Culture and Education
Vegetarian Food

Contact: 42720600 98939398
www.nantien.org.au

Nan Tien Temple
Buddha's Birthday
DLIA Sydney

